

Registration Form

Name: _____

Organization: _____

Mailing Address: _____

Phone #: _____ h/w

Email: _____ h/w

CEUs for: ___ Social Work ___ Nurse ___ LPC
___ Psychologist ___ Health Educator ___ Addictions

Registration Fee (Includes Lunch & CEUs):

___ Stakeholder\$25.00
(Live in Worcester or work for an agency providing direct service to Worcester residents)

___ Non-Stakeholder or Vendor\$50.00

Please Check One Breakout In Each Session:

Session I

- ___ A. A.S.S.T. - Aging Simulation Sensitivity Trng
___ B. Medical Problem or Psychiatric Illness?
___ C. Benefits of Yoga

Session II

- ___ A. Geriatric Physical Assessments
___ B. Substance Misuse
___ C. Energizing the Spirit

Session III

- ___ A. Evidence Based Practice Health Promotion
___ B. Psychiatric Pharmacopoeia
___ C. Benefits of Yoga

Mail To: Eastern Shore AHEC
P O Box 795
Cambridge, MD 21613

Americans with Disabilities Act

If you require special accommodations to attend or participate in this activity, please provide information about your requirements to Jennifer Polk, Aging Project Coordinator, at 410-632-1100 x 3028 or 410-632-1119 TTY/Voice at least five business days prior to the activity.

Parking Information

Free parking is available on site at the Clarion Resort for attendees. If you have questions or need facility specific information, contact the Clarion at 1-800-638-2100.

Register Now! Limited Seating!

Registration Deadline:

Friday, January 26, 2007

Mail Registration Form & Fee To:

Eastern Shore AHEC
Attn: Jeanne Bromwell
P O Box 795
Cambridge, MD 21613

Or Fax to:

410-221-2605

Purchase Orders are accepted

For Questions Call:

Jennifer Polk @ WCHD: 410-632-1100 x 3028
Jeanne Bromwell @ ESAHEC: 410-221-2600 x108

Aging in Worcester

Our 8th Annual Conference

for Agency & Community Providers, Behavioral Health Workers & Medical Staff



Wednesday, February 7, 2007

8:15 AM to 4:00 PM

at the

Clarion Fontainebleau Resort

Ocean City, MD

“Senior Health: Mind, Body And Spirit”

Planning Organizations:

Area Agency on Aging: MAC, Inc.
Atlantic General Hospital
Eastern Shore Area Health Education Center
Institute for Johns Hopkins Nursing
Johns Hopkins Geriatric Education Center
Worcester Co. Commission on Aging
Worcester Co. Department of Social Services
Worcester Co. Health Department
Worcester Co. Health Planning Council
Worcester Co. Volunteer Services

Agenda

**Clarion Fontainebleau Resort
Coastal Highway at 101st St
Ocean City, Maryland**

Goals:

To provide learning experiences in senior health for professionals in Worcester County and the surrounding areas.

To provide knowledge to community providers, caseworkers, nurses and other professionals in the areas of physical health, behavioral health and self-care.

Three Break-Out Sessions:

Options available in the following tracks:

- A Body (Physical Health)
- B Mind (Behavioral Health)
- C. Spirit (Self-Care)

8:15-8:45 AM Registration, Continental Breakfast, Visit Exhibits

8:45-9:00 AM Opening Remarks

Debbie Goeller, RN, MS, Health Officer,
Wor. Co. Health Department
Louise Gulyas, V.P. Wor. Co. Commission
Richard Meehan, Mayor, Ocean City

9:00-10:00 AM General Session

“Chronic Diseases, Mental Illness & Addiction:
Co-occurrence in Seniors”
Marsden McGuire, MD - Sheppard Pratt Health System

10:00 - 10:15 AM Break

10:15-11:15 AM Breakout Session I

- A. A.S.S.T. - Aging Simulation Sensitivity Training
Audrey V. Wahl, BS, MPS & Jean H. Baker, RN
- Eastern Shore AHEC
- B. Medical Problem or Psychiatric Illness??
Marsden McGuire, MD - Sheppard Pratt Health System
- C. The Benefits of Yoga w/Demonstration
Robin Travers

11:15-11:30 AM Break

11:30-12:30 PM Breakout Session II

- A. Geriatric Physical Assessments
Dr. Jopp - Wilmington College
- B. Substance Misuse in the Elderly
Kim Burton - Mental Health Assoc. Of Maryland
- C. Energizing the Spirit
Cyndy Howell - Wor. Co. Volunteer Services

12:30-1:30 PM Lunch - Networking /Exhibits

1:30-2:30 PM Breakout Session III

- A. Evidence Based Practice Health Promotion: Focus on Chronic Disease Self-Management Program
Peggy Bradford, RN, Dlr. - MAC, Inc
- B. Psychiatric Pharmacopoeia in the Elderly
Gergana Dimitrova, MD - Wor. Co. Health Department
- C. The Benefits of Yoga w/Demonstration
Robin Travers

2:30- 2:45PM Break

2:45-4:00 PM General Session

“Life Changes as We Age”
Gergana Dimitrova, MD - Wor. Co. Health Department

4:00 PM Evaluations & Certificates

Continuing Education (CE) Information

CEUs for Social Work, Addictions, LPC, Psychology, & Health Education are being coordinated through the Eastern Shore Area Health Education Center.

The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This 5.25 contact hour Education Activity(Provider Directed/Learner Paced) is provided by The Institute for Johns Hopkins Nursing.

