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Revision Date December 2018
Introduction to the Guide

Somerset Core Service Agency (SCSA), Wicomico Local Behavioral Health Authority (LBHA Wicomico), Worcester Local Behavioral Health Authority (LBHA Worcester), and Worcester County’s Initiative to Preserve Families/Worcester County Local Management Board (WCLMB) are pleased to present the 2019 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SCSA, WBHA, WCCSA and WCLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org/CSA.asp, www.worcesterhealth.org, and www.networkofcare.org.

Somerset County Core Service Agency
8928 Sign Post Rd, Westover, MD 21871
443-523-1700
www.somersethealth.org

Wicomico Behavioral Health Authority
108 East Main St., Salisbury, MD 21801
410-543-6981
www.wicomicohealth.org/CSA.asp

Worcester Behavioral Health Authority
Worcester County’s Initiative to Preserve Families
6040 Public Landing Dr., Snow Hill, MD 21863
410-632-3648
www.worcesterhealth.org/planning-sidebar/core-service-agency-csa

Maryland’s Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Core Service Agencies (CSAs), and Beacon Health Options (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Beacon Health Options, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

CSAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

For further information please contact SCSA at 443-523-1700, LBHA Wicomico at 410-543-6981, and LBHA Worcester at 410-632-3366.
Behavioral Health Glossary

Behavioral Health Professionals:

**Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH)** – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- “Nurse Psychotherapist” – A registered nurse who practices psychotherapy in a structured relationship with the client.
- “Psychiatric Nurse Practitioner” – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

**Certified Addictions Counselor** – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor’s degree in a counseling field, among other requirements.

**Certified Peer Recovery Specialist** (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a written exam.

**Certified Registered Nurse Practitioner** (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

**Certified Supervised Counselor** – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate’s degree in a counseling field, among other requirements.

**Clinical Social Worker** (ACSW, LCSW, LCSW-C) – Clinical Social Workers hold a Master’s degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

**Licensed Clinical Alcohol and Drugs Counselor** (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drugs Counselor (see pg 6).

**Licensed Clinical Professional Counselor** (LCPC) – A Licensed Clinical Professional Counselor possesses a Master’s degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

**Licensed Graduate Alcohol and Drugs Counselor** (LGADC) – A Licensed Graduate Alcohol and Drugs Counselor certification is granted after the awarding of a Master’s degree and passing the test for a license. During this time, the counselor is under supervision.

**Licensed Professional Counselor** (LPC) – A licensed professional counselor holds a Master’s degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

**Psychiatrist** (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

**Psychologist** (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

**1915i** – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

**Care Coordination Organization** (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.
Case Management – A process which plans, coordinates, and implements services required to meet an individual’s needs.

Crisis Intervention Team (CIT) – A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland’s In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client’s medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide a self directed, grassroots association that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information.
Psychological tests are administered and interpreted by a psychologist.

**Residential Rehabilitation Program (RRP)** – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Respite** – Respite services are provided to relieve the caregiver from the stress of care giving.

**Sliding Scale** – Fees are set according to the client’s ability to pay (i.e., if the client has no income, the fee would be $0).

**Social Service Organization** – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

**Supported Employment Program/Mental Health Vocational Program (SEP/MHVP)** – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

**Telemedicine** – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

**Therapeutic Behavioral Services (TBS)** – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

**Uninsured** – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.
Crisis Information and 24 Hour Hotlines

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available from 9 am to midnight, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller.
Phone: 1-888-407-8018
Website: www.thesantegroup.org

Americans with Disabilities Act
U.S. Access Board 24 Hour Hotline: 1-800-872-2253
Americans with Disabilities Act Information Line:
800-514-0301 (Voice),
800-514-0383 (TTY)

Beacon Place
Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.
Team Cell Phone: 443-880-3010
Website: www.gogettersinc.org

Community Outreach Addictions Team (C.O.A.T.)
Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.
Phone: 443-783-6875 /410-742-3784

Life Crisis Center
Provides a 24 hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.
24 Hour Hotline: 410-749-4357
Phone: 410-749-0632 / 410-749-0771
Website: www.lifecrisiscenter.org

Maryland State AIDS Hotline
Phone: 1-800-232-4636
TTY: 1-800-232-6348

Maryland Youth Crisis Hotline
Phone: 1-800-422-0009
Website: www.mdpoison.com

Poison Control Center
Phone: 1-800-222-1222
Website: www.mdpoison.com

Sexual Assault Resource Agency
Phone: 410-836-8430

Suicide Prevention Lifeline
English and Spanish speakers are available.
Phone: 1-800-273-8255
TTY: 1-800-799-4889
Website: www.suicidepreventionlifeline.org

Trevor Lifeline (LGBTQ community)
Phone: 1-866-488-7386
Website: www.thetrevorproject.org

Veterans Crisis Line
Chat available on website.
Phone: 1-888-273-8255 (Press 1)
Cell phone (For texting): 838255
Website: www.veteranscrisisline.net

Mobile Treatment/ACT – Lower Shore Clinic
Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.
Phone: 410-341-3420

Urgent Care Clinics
Provides mental health assessment and consultation within 48 business hours to prevent the individual’s condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30 day period.
Lower Shore Clinic (Wicomico): 410-341-3420
Eastern Shore Psychological Services (Somerset): 410-651-4200
Call ESCR after business hours: 1-888-407-8018

Veterns Crisis Line
Chat available on website.
Phone: 1-888-273-8255 (Press 1)
Cell phone (For texting): 838255
Website: www.veteranscrisisline.net
# Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Anderson, Eva K., PhD</th>
</tr>
</thead>
</table>
| **Address:** 540 Riverside Dr., Suite 3  
Salisbury, MD 21801 |
| **Phone:** 410-548-7883 |
| **Hours of Operation:** Call to schedule appointment |
| **Payment Type(s):**  
Medicare, Private Insurance, Self Pay  |
| **Ages Served:** 5+ |

- **Mental Health Services Provided:**  
  - Individual Therapy

- **Other Behavioral Health Services:** Psychological testing

## Arrow Child & Family Ministries

<p>| |</p>
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</table>
| **Address:** 116-118 W. Main St., Suite #100  
Salisbury, MD 21801 |
| **Phone:** 410-677-0741 |
| **Fax:** 410-677-0743 |
| **Website:** www.arrow.org |
| **Hours of Operation:** Call to schedule appointment |
| **Payment Type(s):** Medicaid, Self Pay  |
| **Ages Served:** Treatment Foster Care (Infant to 21yrs)  
PRP (5 to 18yrs) |

- **Mental Health Services Provided:**  
  - PRP
  - TBS
  - Treatment Foster Care

- **Other Behavioral Health Services:**

## Atlantic General Hospital – Telemental Health

<p>| |</p>
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</table>
| **Address:** 9733 Healthway Dr.  
Berlin, MD 21811 |
| **Phone:** 410-641-1100 |
| **Hours of Operation:** 24/7 |
| **Language Services:** Services Provided  
**Ages Served:** All ages |
| **Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |

- **Mental Health/Addiction Services Provided:**  
  - Ability to Prescribe Medication
  - Family Therapy
  - Group Therapy
  - Individual Therapy
  - Medication Management
  - Peer Support
  - Psychiatric Evaluations
  - Telepsychiatry

- **Other Behavioral Health Services:**

# Community Behavioral Health Providers

## Atlantic Psychological Practice, P.A.

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone: 410-543-8291</th>
<th>Hours of Operation: Call to schedule appointment</th>
<th>Payment Type(s): Medicare, Private Insurance, Self Pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>106 Milford St., Suite 104</td>
<td></td>
<td></td>
<td>Ages Served: 2+</td>
</tr>
<tr>
<td>Salisbury, Maryland 21804</td>
<td></td>
<td>Mon, Wed: 8am-6pm</td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.atlanticpsychological.com">www.atlanticpsychological.com</a></td>
<td></td>
<td>Tues, Thurs: 8am-7pm</td>
<td></td>
</tr>
<tr>
<td>Fax: 410-341-6275</td>
<td></td>
<td>Fri: 8am-5pm</td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Cognitive-Behavioral Therapy

**Specialty Treatments:**
- ☑ Eating Disorders
- ☑ Trauma - Sexual abuse, physical abuse, and PTSD

**Other Behavioral Health Services:**

## B.N.J Health Services, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone: 443-978-7919</th>
<th>Hours of Operation: Mon-Fri 5am-11am, Sat 6am-9:30am</th>
<th>Payment Type(s): Medicaid, Medicare, Self Pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>204 Newton St</td>
<td></td>
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<td>Ages Served: 18+</td>
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<tr>
<td>Salisbury, MD 21801</td>
<td></td>
<td>Sat 6am-9:30am</td>
<td></td>
</tr>
<tr>
<td>Phone: 443-978-7930</td>
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</tbody>
</table>

**Addiction Services Provided:**
- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Detox
- ☑ Group Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- N/A

**Other Behavioral Health Services:**

## Balanced Life Counseling Services, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone: 443-978-8688</th>
<th>Hours of Operation: Mon, Fri 8am-5pm, Tues-Thurs 8am-7pm, Closed on weekends</th>
<th>Payment Type(s): Medicaid, Medicare, Self Pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>560 Riverside Dr.</td>
<td></td>
<td></td>
<td>Ages Served:</td>
</tr>
<tr>
<td>Suite B101</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salisbury, MD 21801</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Phone: 443-978-8688</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fax:</td>
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</table>

**Addiction Services Provided:**
- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Detox
- ☑ Group Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- N/A

**Other Behavioral Health Services:**
## Catholic Charities, Inc. - Seton Center

| Address: | 30632 Hampden Ave.  
Princess Anne, MD 21853 |
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Website:</td>
<td><a href="http://www.ccwilm.org">www.ccwilm.org</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>410-651-9608</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-651-1843</td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>Call to schedule appointment</td>
</tr>
<tr>
<td>Payment Type(s):</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- ☑ Family Therapy
- ☑ Individual Therapy

### Specialty Treatments:
- N/A

### Other Behavioral Health Services:
- Center 4 Clean Start (C4CS)

## Center 4 Clean Start (C4CS)

| Address: | 926 Snow Hill Rd., Cottage 200  
Salisbury, MD 21804 |
<table>
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<tr>
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<tbody>
<tr>
<td>Website:</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>410-742-3460</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-742-5810</td>
</tr>
<tr>
<td>Language Services:</td>
<td>Language Line</td>
</tr>
</tbody>
</table>
| Hours of Operation: | Call to schedule appointment  
Mon-Fri 8am-4:30pm |
| Payment Type(s): | Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  
Ages Served: 12+ |

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Vivitrol Treatment

### Specialty Treatments:
- ☑ Co-occurring Treatment/Dual Diagnosis

### Other Behavioral Health Services:
- Treatment is for pregnant women and women with young children.

## Chesapeake Health Care – Mental Health

| Address 1: | 1104 Healthway Dr.  
Salisbury, MD 21804 |
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Phone:</td>
<td>410-219-5483</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-219-3446</td>
</tr>
</tbody>
</table>
| Address 2: | 12145 Elm St.  
Princess Anne, MD 21853 |
| Phone: | 410-651-2204 |
| Fax: | 410-651-1113 |
| Address 3: | 9956 N. Main St., Suite 2,  
Berlin, MD 21811 |
| Phone: | 410-973-2820 |
| Fax: | 410-973-2843 |
| Language Services: | Language Line |
| Hours of Operation: | Mon-Thur 7:30am-6pm  
Fri 7:30am-5:30pm |
| Payment Type(s): | Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  
Website: | www.chesapeakehc.org |

### Mental Health Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry

### Specialty Treatments:
- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ LGBTQ
- ☑ Play Therapy
- ☑ Trauma – TFCBT

### Other Behavioral Health Services:
## Community Behavioral Health Providers

### Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC

| Address: 212 East Main St., Suite 211  
Salisbury, MD 21801 | Phone: 443-523-4976 | Hours of Operation: Call to schedule appointment | Payment Type(s): Self Pay, Sliding Fee Scale, LISS, TCM PLUS | Ages Served: 0+ |
|---|---|---|---|---|

#### Mental Health Services Provided:
- [✓] Family Therapy
- [✓] Group Therapy
- [✓] Individual Therapy

#### Specialty Treatments:
- [✓] Music Therapy

#### Other Behavioral Health Services:
Developmental disabilities, autism, early intervention.

### Chesapeake Treatment Services

| Address 1: 1322 Belmont Ave, Salisbury, MD 21804  
Phone: 410-831-3904 | Address 2: 12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842  
Phone: 410-651-2204 | Address 3: 402 Marvel Ct, Easton, MD 21601  
Phone: 410-822-7150 | Hours of Operation: Call to schedule appointment | Payment Type(s): Medicaid, Private Insurance, Self Pay | Ages Served: 18+ |
|---|---|---|---|---|---|

#### Addiction Services Provided:
- [✓] Addiction Outpatient
- [✓] Methadone Treatment
- [✓] Suboxone Treatment

#### Specialty Treatments:

#### Other Behavioral Health Services:

### Children’s Choice

| Address: 1813 Sweetbay Dr., Suite 1A  
Salisbury, MD 21804 | Phone: 410-546-6106 | Hours of Operation: Mon-Fri 8:30am -4:30pm | Payment Type(s): Medicaid | Ages Served: 0-21 |
|---|---|---|---|---|

#### Mental Health Services Provided:
- [✓] PRP
- [✓] Respite
- [✓] Foster Care

#### Specialty Treatments:
N/A

#### Other Behavioral Health Services:
<table>
<thead>
<tr>
<th>Community Behavioral Health Providers</th>
<th>Community Behavioral Health</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address 1:</strong> 821 Eastern Shore Dr., Salisbury, MD 21804</td>
<td><strong>Address 2:</strong> 426 Dorchester Ave., Cambridge, MD 21613</td>
</tr>
<tr>
<td><strong>Address 3:</strong> 142 Coursevall Dr., Centreville, MD 21617</td>
<td><strong>Hours of Operation:</strong> Mon-Fri 8am-6pm</td>
</tr>
<tr>
<td><strong>Language Services:</strong> Interpreter Services</td>
<td><strong>Payment Type(s):</strong> Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td><strong>Phone:</strong> 844 224-5264</td>
<td><strong>Ages Served:</strong> 4+</td>
</tr>
<tr>
<td><strong>Fax:</strong> 888 509-0010</td>
<td><strong>Website:</strong> <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- Ability to Prescribe Medication
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Mental Health IOP
- Peer Support
- PRP
- Psychiatric Evaluation
- Respite
- Suboxone Treatment
- Subutex Treatment
- TCM for Adults
- Telepsychiatry
- Vivitrol Treatment

### Specialty Treatments:
- Anger Management Groups
- Art Therapy
- Co-occurring Treatment / Dual Diagnosis
- Eating Disorders
- Play Therapy
- Sex Offender

Other Behavioral Health Services: Delmarva Counseling Center LLC

<table>
<thead>
<tr>
<th>Delmarva Counseling Center LLC</th>
<th><strong>Address:</strong> 28 East State St. Delmar, MD 21875</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone:</strong> 410-896-3995</td>
<td><strong>Language Services:</strong> Spanish</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-896-2825</td>
<td><strong>Payment Type(s):</strong> Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Mon-Fri 8am-6pm</td>
<td><strong>Ages Served:</strong> 6+</td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- Addiction IOP
- Mental Health IOP
- Psychiatric Evaluations

### Specialty Treatments:
- Anger Management Groups
- Therapy for LGBTQ
- Sex Offender
- Veterans
- Co-occurring Treatment / Dual Diagnosis
- Trauma-Focused Cognitive Behavioral Therapy

Other Behavioral Health Services: Department of Transportation Substance Abuse Professional Process (SAP), Pre-surgical evaluations, Military Family Life Counseling Services

---

<table>
<thead>
<tr>
<th>Donnelly, Leslie, PhD</th>
<th><strong>Address 1:</strong> 212 W. Main St., Salisbury, MD 21801</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address 2:</strong> 5 Chestnut Way Berlin, MD 21811</td>
<td><strong>Hours of Operation:</strong> Call to schedule appointment Tues-Fri 9:30am-5:30pm</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-742-7160</td>
<td><strong>Website:</strong> Dr.LeslieDonnelly.com</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-630-7389</td>
<td><strong>Payment Type(s):</strong> Medicaid, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 16+</td>
<td><strong>Specialty Treatments:</strong> Co-occurring Treatment / Dual Diagnosis, Geriatric</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- Individual Therapy

Other Behavioral Health Services: CBT, client-centered therapy, hypnosis, EMDR
# Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Eastern Shore Psychological Services, LLC</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 1113 Healthway Dr. Salisbury, MD 21804</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-334-6961</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-334-6960</td>
</tr>
<tr>
<td><strong>Address 2:</strong> 11120 Somerset Ave. Princess Anne, MD 21853</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-651-4200</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-651-4290</td>
</tr>
<tr>
<td><strong>Address 3:</strong> 29520 Canvasback Dr. Easton, MD 21601</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-822-5007</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-822-5569</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 4+</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Vivitrol Treatment

**Specialty Treatments:**
- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Forensic
- ☑ Sex Offender
- ☑ Trauma

**Website:** www.espsmd.com

**Other Behavioral Health Services:** PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care

---

<table>
<thead>
<tr>
<th>Family Tree Therapy, LLC</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 11022 Nicholas Lane Suite 2 Ocean Pines, MD 21811</td>
</tr>
<tr>
<td><strong>Phone:</strong> 443-735-4812</td>
</tr>
<tr>
<td><strong>Website:</strong> FamilyTreeTherapyLLC.com</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Call to schedule appointment Mon-Thur 11am-7pm</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Private Insurance, Self Pay</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 2-19</td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- ☑ Play Therapy
- ☑ Parent-Child Therapy

**Other Behavioral Health Services:** Out-patient Mental Health in Office

---

<table>
<thead>
<tr>
<th>Focus Point Behavioral Health</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 11672 Somerset Ave Princess Anne, MD 21853</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-621-5858</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-621-5799</td>
</tr>
<tr>
<td><strong>Address:</strong> 803 N. Salisbury Blvd Suite 2200 Salisbury, MD 21804</td>
</tr>
<tr>
<td><strong>Phone:</strong> 443-978-7838</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-621-5799</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Intake by appointment and walk-in. Mon-Thur: 9am-8pm Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.focuspointbh.com">www.focuspointbh.com</a></td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Medicaid, Medicare, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 12+</td>
</tr>
</tbody>
</table>

**Addictions Services Provided:**
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Individual Therapy

**Specialty Treatments:**
- ☑ Co-occurring Treatment/ Dual Diagnosis

**Other Behavioral Health Services:** Trauma – Childhood Trauma and/or domestic violence.
LGBTQ – Coping with the stress of rejection or unjust criticism. Salisbury office only offers drop off daycare for clients.
## Community Behavioral Health Providers

**Garner, Doris C., PhD**

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Office Hours:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>8420 Follow Ditch Rd.</td>
<td>10031 Old Ocean City Blvd, Berlin, MD 21811</td>
<td>Call to schedule appointment Mon-Fri 8:30am-4:30pm</td>
<td>Medicare, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td>Westover, MD 21871</td>
<td>Office Hours: Fri 8:30am-12pm</td>
<td>Phone: 410-957-3105</td>
<td>Ages Served: 2+</td>
</tr>
<tr>
<td><strong>Office Hours:</strong></td>
<td>Fax: 410-952-3148</td>
<td><strong>Office Hours:</strong></td>
<td><strong>Address 1:</strong></td>
</tr>
<tr>
<td>Mon, Tues, &amp; Thurs 4:15pm-8:30pm</td>
<td>Mon, Tues, &amp; Thurs 4:15pm-8:30pm</td>
<td></td>
<td><strong>Address 1:</strong></td>
</tr>
<tr>
<td>Wed 3:15pm-8:30pm</td>
<td>Wed 3:15pm-8:30pm</td>
<td></td>
<td>431 E Main St. Salisbury, MD 21801</td>
</tr>
<tr>
<td>Fri 1:15pm-8:30pm</td>
<td>Fri 1:15pm-8:30pm</td>
<td></td>
<td>Phone: 410-632-3737</td>
</tr>
<tr>
<td>Sat 8am-12pm</td>
<td>Sat 8am-12pm</td>
<td></td>
<td>Fax: 410-632-1283</td>
</tr>
<tr>
<td>Intake by appointment only</td>
<td>Intake by appointment only</td>
<td></td>
<td><strong>Website:</strong></td>
</tr>
<tr>
<td><strong>Mental Health Provided:</strong></td>
<td><strong>Website:</strong></td>
<td><strong>Website:</strong></td>
<td><a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a></td>
</tr>
<tr>
<td>☑ Family Therapy</td>
<td><strong>Language Services:</strong></td>
<td><strong>Language Services:</strong></td>
<td>Some Spanish and Haitian</td>
</tr>
<tr>
<td>☑ Individual Therapy</td>
<td><strong>Hours of Operation:</strong></td>
<td><strong>Hours of Operation:</strong></td>
<td>Mon–Fri 8am-4pm</td>
</tr>
</tbody>
</table>

### Specialty Treatments:

- Eating Disorders
- Geriatric

### Other Behavioral Health Services:

- Supported Employment Services

---

**Go-Getters, Inc.**

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Website:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>431 E Main St.</td>
<td>7033 Worcester Hwy.</td>
<td>11559 Somerset Ave.</td>
<td><a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a></td>
<td>Medicaid, Medicare</td>
</tr>
<tr>
<td>Salisbury, MD 21801</td>
<td>Newark, MD 21841</td>
<td>Princess Anne, MD 21853</td>
<td></td>
<td>Ages Served: 18+</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td><strong>Phone:</strong></td>
<td><strong>Phone:</strong></td>
<td><strong>Language Services:</strong></td>
<td><strong>Language Services:</strong></td>
</tr>
<tr>
<td>410-632-3737</td>
<td>410-651-1547</td>
<td>410-651-4872</td>
<td>Some Spanish and Haitian</td>
<td>Some Spanish and Haitian</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td><strong>Fax:</strong></td>
<td><strong>Fax:</strong></td>
<td><strong>Hours of Operation:</strong></td>
<td><strong>Hours of Operation:</strong></td>
</tr>
<tr>
<td>410-632-1283</td>
<td>410-651-4872</td>
<td>410-651-4872</td>
<td>Mon–Fri 8am-4pm</td>
<td>Mon–Fri 8am-4pm</td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:

- Consumer Run Drop In (Princess Anne)
- PRP
- RRP
- SEP/MHVP (Princess Anne)

### Specialty Treatments:

- Art Therapy

### Other Behavioral Health Services:

- Supported Employment Services

---

**Go-Getters, Inc. – Friendship Network**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>403 E. Main St.</td>
<td>410-546-3619</td>
<td>Mon-Fri 8am-2pm</td>
<td>Medicaid, Medicare</td>
</tr>
<tr>
<td>Salisbury, MD 21801</td>
<td>Fax: 410-546-5387</td>
<td></td>
<td>Ages Served: 55+</td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><strong>Website:</strong></td>
<td><strong>Website:</strong></td>
<td><strong>Website:</strong></td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:

- PRP
- RRP

### Specialty Treatments:

- N/A

### Other Behavioral Health Services:
<table>
<thead>
<tr>
<th>Community Behavioral Health Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Go-Getters, Inc. – Peer Connections</strong></td>
</tr>
</tbody>
</table>
| **Address:** 505 E. Main St.  
Salisbury, MD 21804 |
| **Phone:** 410-341-3420 |
| **Fax:** 410-548-7682 |
| **Hours of Operation:**  
Referral Program  
8am-2pm |
| **Payment Type(s):** Medicaid, Medicare |
| **Ages Served:** 18+ |
| **Mental Health/ Addiction Services Provided:**  
☑ Peer Support  
☑ PRP  
☑ Residential Treatment Center |
| **Specialty Treatments:**  
☑ Co-occurring Treatment/ Dual Diagnosis |
| **Other Behavioral Health Services:** |

| **Go-Getters, Inc. – Wulff PAK** |
| **Address:** 704 North Division St.  
Salisbury, MD 21801 |
| **Phone:** 443-736-7845 |
| **Fax:** 443-736-7846 |
| **Hours of Operation:**  
Mon-Fri  
8am -4pm |
| **Payment Type(s):** Medicaid, Uninsured |
| **Ages Served:** 18-29 |
| **Mental Health Services Provided:**  
☑ Medication Management  
☑ PRP  
☑ Peer Support  
☑ Respite |
| **Specialty Treatments:**  
☑ Anger Management Groups  
☑ Co-occurring Treatment / Dual Diagnosis |
| **Other Behavioral Health Services:** A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success. |

| **Harkhani, J. S., MD** |
| **Address:** 1300 S. Division St., #A  
Salisbury, MD 21804 |
| **Phone:** 410-219-3488 |
| **Fax:** 410-219-5900 |
| **Hours of Operation:**  
Call to schedule appointment  
Monday-Friday 1pm-4pm |
| **Payment Type(s):** Medicare, Private Insurance |
| **Ages Served:** 18+ |
| **Mental Health Services Provided:**  
☑ Ability to Prescribe Medication (except ADHD)  
☑ Medication Management  
☑ Psychiatric Evaluations |
| **Specialty Treatments:** |
| **Other Behavioral Health Services:** |
# Community Behavioral Health Providers

## Hudson Health Services

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>1506 Harting Dr., P.O. Box 1096 Salisbury, MD 21801</td>
<td>888-288-9086</td>
<td>Translators available</td>
<td>Medicaid, Private Insurance, Self Pay</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>Fax:</td>
<td>Hours of Operation:</td>
<td></td>
<td>Ages Served:</td>
</tr>
<tr>
<td><a href="http://www.Hudson-Health.org">www.Hudson-Health.org</a></td>
<td>410-742-7048</td>
<td>Call to schedule appointment</td>
<td></td>
<td>18+</td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction Inpatient
- ☑ Addiction Transitional Housing
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Peer Support
- ☑ PHP
- ☑ Psychiatric Evaluations
- ☑ Residential Treatment Center
- ☑ Transitional Housing
- ☑ Vivitrol Treatment

### Other Behavioral Health Services:
Hudson Health Services’ Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.

## Isaacs, Amy P. LCSW-C – Retiring Late Spring

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>106 W. Circle Ave., Suite 106 Salisbury, MD 21801 (The Cannon Building)</td>
<td>410-543-1814</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
<td>4+</td>
</tr>
</tbody>
</table>

### Mental Health and Jungian Analysis Services Provided:
- ☑ Individual Therapy
- ☑ Art Therapy
- ☑ Play Therapy

### Other Behavioral Health Services:

## Island Care Mental Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>11022 Nicholas Lane., Unit 2 Suite 1 Berlin, MD 21811</td>
<td>410-641-5190</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Medicare, Private Insurance</td>
<td>5+</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Vivitrol Treatment
- ☑ Family Therapy

### Specialty Treatments:
- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Play Therapy
- ☑ First Responders
- ☑ Geriatric
- ☑ LGBTQ
- ☑ PTSD Trauma

### Other Behavioral Health Services:
- Dementia, Case Management for dementia, treatment for disorders including: Bi-Polar, Depression, Anxiety, Panic Disorder, Chronic Mental Illness including Chronic Pain, ADHA, Mood Dis-regulation, and other mental health disorders.
# Community Behavioral Health Providers

## J. David Collins and Associates, LLC

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>540 Riverside Dr., Suite 8, Salisbury, MD 21801</td>
<td>828 Airpax Rd., Building B, Cambridge, MD 21613</td>
<td>Appointments and walk-ins for intake Mon-Fri 9am-5pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Phone: 410-548-3333</td>
<td>Phone: 410-901-1333</td>
<td>Website/Email: <a href="http://www.jdavidcollins.com">www.jdavidcollins.com</a></td>
<td>Ages Served: 18+</td>
</tr>
<tr>
<td>Fax: 443-944-8299</td>
<td>Fax: 410-901-1366</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

### Specialty Treatments:
- ☑ Medication Management
- ☑ Peer Support
- ☑ Psychiatric Evaluations
- ☑ Suboxone Treatment
- ☑ Vivitrol Treatment

### Other Behavioral Health Services:

## Jamie Coats Therapy Services, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>10031 Old Ocean City Blvd. Berlin, MD 21811</td>
<td>443-783-3523</td>
<td>Monday- Friday 9am-5pm By Appointment</td>
<td>Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Website/Email: Jamiecoatestherapy.com</td>
<td>Language Services: English</td>
<td>Ages Served: 18+</td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health/ Addiction Services Provided:
- ☑ Group Therapy
- ☑ Individual Therapy

### Specialty Treatments:
- ☑ Trauma – Perinatal Loss

### Other Behavioral Health Services: Pregnant and Postpartum Moms and Dads. Maternal and Prenatal Mental Health.

## Life Crisis Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>P.O. Box 387 Salisbury, MD 21803</td>
<td>410-749-0632</td>
<td>Spanish</td>
<td>Free Counseling Services</td>
</tr>
<tr>
<td>Website/Email: <a href="http://www.lifecrisiscenter.org">www.lifecrisiscenter.org</a></td>
<td>Fax: 410-548-9496</td>
<td>Hours of Operation: Mon-Fri 9am-5pm</td>
<td>Ages Served: 4+</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- ☑ Family Therapy
- ☑ Individual Therapy

### Specialty Treatments:
- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Play Therapy

### Other Behavioral Health Services: Victims of DV and Sexual Assault/Rape, Abuser’s Intervention Program for domestic violence offenders, Introduction to trauma and how it affects children and their development. Offers a 4-part educational group for parents and caregivers on trauma in children and available services provided by Life Crisis Center and the Child Advocacy Center.
# Community Behavioral Health Providers

## LifeMark Inc.

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>28672 Old Quantico Rd, Salisbury, MD 21801</td>
<td>443-859-8584</td>
<td>Call to schedule appointment Mon-Thurs 8am-6:30pm Fri 8am-4:30pm No Weekend Appointments</td>
<td>Medicaid, Private Insurance, Self Pay</td>
<td>3+</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Website/Email:</th>
<th>Fax:</th>
<th>Language Services:</th>
<th>Specialty Treatments:</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.lifemark.pro">www.lifemark.pro</a></td>
<td>443-859-8496</td>
<td>Bilingual Spanish</td>
<td>Anger Management Groups</td>
</tr>
</tbody>
</table>

**Mental Health/Addiction Services Provided:**
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Psychiatric Evaluations

**Other Behavioral Health Services:**
- Couples therapy, specializes in cognitive behavioral therapy for depression and anxiety

## Lighthouse Counseling & Consulting Services

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Specialty Treatments:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1504 Market St. Pocomoke City, MD 21851</td>
<td>410-957-4200</td>
<td>Mon-Thurs 11am-8pm Weekends available by appointment only</td>
<td>Medicaid, Private Insurance, Self Pay, Sliding Fee Scale.</td>
<td>Sex Offender, Certified Clinical Trauma Professional</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PO Box 281, Pocomoke City, MD 21851</th>
<th>Fax:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>410-957-6842</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

**Other Behavioral Health Services:**
- Couples therapy specializes in cognitive behavioral therapy for depression and anxiety. Trauma response, mediation, and distance counseling services are available.

## Lighthouse Counseling Christian Ministry

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10026 Main St. Bldg 1 Berlin, MD 21811</td>
<td>120 B Arlington Rd Salisbury, MD 21801</td>
<td>Monday-Friday 8am-8pm Appointment Only</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
<td>4+</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone:</th>
<th>Phone:</th>
<th>Website:</th>
<th>Specialty Treatments:</th>
</tr>
</thead>
<tbody>
<tr>
<td>410-973-2211</td>
<td>410-973-2211</td>
<td><a href="http://www.lighthousecounselingcm.com">www.lighthousecounselingcm.com</a></td>
<td>Anger Management Groups</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Mental Health IOP

**Other Behavioral Health Services:**
- Youth and Adolescent Counseling, Addictions Counseling (substance use, gambling, sex, etc.)
- Marriage/Couples Counseling
## Community Behavioral Health Providers

### Lower Shore Clinic Assertive Community Treatment (ACT) Team

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>106 Williamsport Circle, Salisbury, MD 21804</td>
<td>410-341-9696</td>
<td>Language Line</td>
<td>Medicaid, Medicare, Uninsured</td>
<td>18+</td>
</tr>
</tbody>
</table>

**Website/Email:**
www.lowershoreclinic.org

**Fax:**
410-341-9663

**Language Services:**
Language Line

**Specialty Treatments:**
- Co-occurring Treatment/Dual Diagnosis

**Other Behavioral Health Services:**

---

### Lower Shore Clinic, Inc.

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>505 E Main St., Salisbury, MD 21804</td>
<td>410-341-3420</td>
<td>Language Line</td>
<td>Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured</td>
<td>18+</td>
</tr>
</tbody>
</table>

**Website/Email:**
www.lowershoreclinic.org

**Fax:**
410-341-3397

**Mental Health Services Provided:**
- Ability to Prescribe Medication
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management

**Specialty Treatments:**
- Vivitrol Treatment
- Bisexual
- Transgender
- Trauma – Please see below

**Other Behavioral Health Services:**
- Provides EMDR and Neuro-feedback services.

---

### Maple Shade Youth & Family Services, LLC

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
<th>Hours of Operation:</th>
</tr>
</thead>
<tbody>
<tr>
<td>23704 Ocean Gateway, Mardela Springs, MD 21837</td>
<td>11793 Somerset Ave, Princess Anne, MD 21853</td>
<td>382 West Main St., Crisfield, MD 21817</td>
<td>Medicaid</td>
<td>5-17</td>
<td>Call to schedule appointment Mon-Fri 9am-3pm</td>
</tr>
</tbody>
</table>

**Phone:**
410-677-0202
410-621-5177
410-968-3547

**Fax:**
410-677-0303
410-621-5050
410-968-1078

**Website/Email:**
www.maple-shade.org

**Mental Health Services Provided:**
- Ability to Prescribe Medication
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management

**Specialty Treatments:**
- PRP
- Psychiatric Evaluations
- Respite
- Telepsychiatry
- Play Therapy
- Lesbian/Gay

**Other Behavioral Health Services:**
School based therapy services, Some community based therapy services. Day respite and overnight residential respite. After school PRP and therapy groups based on age.
### Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>201 Hall Hwy, Crisfield, MD 21817</td>
<td>410-968-1801</td>
<td>Walk-in hours are Mon &amp; Tues (2-3pm) Weds-Fri (1-2pm)</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>410-968-9380</td>
<td>Bring ID and health Insurance</td>
<td>Ages Served: 12+</td>
<td>Ages Served: 12+</td>
</tr>
<tr>
<td><a href="http://www.mcreadyhealth.org">www.mcreadyhealth.org</a></td>
<td></td>
<td>Language Services:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Language Line</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Addictions Services Provided:**
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy

**Specialty Treatments:**
- Co-occurring Treatment / Dual Diagnosis
- Trauma – PTSD, Sexually, Physical, Emotional, or Mental

### Peninsula Mental Health and Addictions Services

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>102 West Market St. Salisbury, MD 21801</td>
<td>410-860-2673</td>
<td>Mental Health 8am- 5pm Substance abuse groups: 10am-12:15pm, 1pm-3:15pm, &amp; 5pm-7:15pm Intakes from 8:30am- 5pm</td>
<td>Medicaid, Private Insurance, Self Pay, Uninsured</td>
<td>Medicaid, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>410-860-0450</td>
<td></td>
<td>Ages Served: Varies by program, call for details</td>
<td>Ages Served: Varies by program, call for details</td>
</tr>
<tr>
<td><a href="http://www.pmhs.co">www.pmhs.co</a></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy

**Specialty Treatments:**
- Co-occurring Treatment/Dual Diagnosis
- First Responders
- Geriatric
- Trauma

### Peninsula Regional Medical Center (PRMC) Partial Hospitalization Program

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 E. Carroll St. Salisbury, MD 21801</td>
<td>410-543-4738</td>
<td>Mon-Fri 8:30am - 3pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Uninsured</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>410-543-4781</td>
<td></td>
<td>Ages Served: 18+</td>
<td>Ages Served: 18+</td>
</tr>
<tr>
<td><a href="http://www.peninsula.org">www.peninsula.org</a></td>
<td></td>
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</tr>
</tbody>
</table>

**Mental Health and Addiction Services Provided:**
- Ability to Prescribe Medication
- Group Therapy
- Medication Management
- PHP

**Specialty Treatments:**
- Co-occurring Treatment / Dual Diagnosis
- Eating Disorders
- Geriatric

**Other Behavioral Health Services:**
- DBT, mindfulness, CBT, psychotherapy, grief/loss, relapse prevention, psycho education

- Eating Disorders
- Forensic
- LGBTQ
- Veterans

- Music Therapy
- Play Therapy
- Recreational Therapy
### Peninsula Regional Medical Center 3 South

| Address: 100 E. Carroll St. Salisbury, MD 21801 | Phone: 410-543-7161 | Language Services: Language Line | Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Uninsured | Ages Served: 18+
| Website/Email: www.peninsula.org | Fax: 410-543-7165 | Hours of Operation: 24/7 | |

**Mental Health/Addictions Services Provided:**
- ☑ Ability to Prescribe Medication
- ☐ Addiction Inpatient
- ☐ Detox (Does not offer suboxone or methadone)
- ☑ Psychiatric Evaluations

**Specialty Treatments**
- N/A

**Other Behavioral Health Services:**
- Cognitive behavioral therapy

### Peninsula Regional Medical Center Behavioral Health Services Outpatient Clinic

| Address: 100 E. Carroll St. Salisbury, MD 21801 | Phone: 410-543-7119 | Language Services: Language Line | Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Uninsured | Ages Served: 5+
| Website/Email: www.peninsula.org | Fax: 410-677-6675 | Hours of Operation: M-TH 8:00 – 6:00, Fri – by appt only | |

**Mental Health/Addictions Services Provided:**
- ☑ Tele-psychology for Children & Adolescents
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Family Therapy

**Specialty Treatments**
- N/A

**Other Behavioral Health Services:**

### ReConnections, LLC

| Physical Address: 201 Pine Bluff Road, Suite 2 Salisbury, MD 21801 | Phone: 410-742-3055 | Hours of Operation: Call to schedule appointment Mon-Fri | Payment Type(s): Medicaid, Private Insurance, Self Pay |
| Website/Email: www.myreconnections.com | | | Ages Served: 13+ |
| info@myreconnections.com | Fax: 443-944-0095 | | |

**Mental Health/Addictions Services Provided:**
- ☑ Family Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Eating Disorders
- ☑ LGBTQ
- ☑ Play Therapy

**Other Behavioral Health Services:**

# Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Type(s)</th>
<th>Ages Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reeves, Talmadge C, MD</td>
<td>233 West Main St. Salisbury, MD 21801</td>
<td>410-749-0124</td>
<td>Call to schedule appointment</td>
<td>Self Pay (No credit cards)</td>
<td>18+</td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-546-4872</td>
<td>Mon, Tues, Fri 9am-5pm</td>
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<tr>
<td><strong>Mental Health Services Provided:</strong></td>
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<tr>
<td>☑ Ability to Prescribe Medication</td>
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<tr>
<td>☑ Individual Therapy</td>
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<tr>
<td>☑ Psychiatric Evaluations</td>
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<tr>
<td><strong>Specialty Treatments:</strong></td>
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<tr>
<td>☑ Eating Disorders</td>
<td>☑ Geriatric</td>
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<tr>
<td>☑ LGBTQ</td>
<td>☑ Trauma - PTSD</td>
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<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
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<table>
<thead>
<tr>
<th>Seaside Counseling &amp; Wellness Center</th>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Type(s)</th>
<th>Ages Served</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10776 Grays Corner Rd, Suite 2, Berlin, MD 21811</td>
<td>410-973-2525</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
<td>4+</td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-973-2527</td>
<td>Website/Email: <a href="http://www.seasidecounselingandwellness.com">www.seasidecounselingandwellness.com</a></td>
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<tr>
<td><strong>Mental Health/Addictions Services Provided:</strong></td>
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<tr>
<td>☑ Family Therapy</td>
<td>☑ Individual Therapy</td>
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<tr>
<td><strong>Specialty Treatments:</strong></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>☑ Veterans</td>
<td>☑ First Responders</td>
<td>☑ LGBTQ</td>
<td>☑ Geriatric</td>
<td></td>
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</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong> Maternal mental health and mindfulness therapy</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Second Wind, Inc. (Men Only)</th>
<th>Address</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Payment Type(s)</th>
<th>Ages Served</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>309 Newton St. Salisbury, MD 21801</td>
<td>410-749-8038</td>
<td>24/7, Call for bed availability and intake appointment.</td>
<td>Self Pay, State Grants Available</td>
<td>18+</td>
</tr>
<tr>
<td></td>
<td></td>
<td>410-749-8040</td>
<td>Office is open: Mon-Fri 9am-4pm</td>
<td></td>
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<tr>
<td><strong>Addictions Services Provided:</strong></td>
<td></td>
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</tr>
<tr>
<td>☑ Addiction Transitional Housing</td>
<td>☑ Peer Support</td>
<td></td>
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</tr>
<tr>
<td>☑ Family Therapy</td>
<td>☑ Halfway Housing</td>
<td></td>
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<tr>
<td>☑ Group Therapy</td>
<td></td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>☑ Individual Therapy</td>
<td></td>
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<tr>
<td><strong>Specialty Treatments:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>☑ Anger Management Groups</td>
<td></td>
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</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong> Support for addiction recovery and returning to society.</td>
<td></td>
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</tr>
</tbody>
</table>
# Community Behavioral Health Providers

## Somerset County Health Department

| Address 1: | 8928 Sign Post Rd.  
|           | Westover, MD 21871 |
| Phone:    | 443-523-1790       |

**Community Behavioral Health Providers**

| Hours of Operation: | Mon-Fri 8am-4:30pm |
| Website:            | www.somersethealth.org |

**Addictions Services Provided:**
- ☑ Peer Support

**Payment Type(s):**
- N/A

**Ages Served:**
- 0+

**Other Behavioral Health Services:**

## Somerset Recovery and Re-entry Center

| Address 1: | 11674 Somerset Ave,  
|           | Princess Anne, MD 21853 |
| Phone:    | 410-621-5739  
|          | Fax: 410-621-5426 |

**Community Behavioral Health Providers**

| Hours of Operation: | Mon-Fri 8am-4:30pm |
| Language Services:  | Language Line |

**Addictions Services Provided:**
- ☑ Peer Support
- ☑ Group Support Meetings

**Payment Type(s):**
- N/A

**Ages Served:**
- 18+

**Other Behavioral Health Services:** Narcan training, smoking cessation, re-entry services, wellness van, community health workshops, HIV/STI education, fun activities for all

## Stange, Carol, LCSW

| Address: | 106 Circle Ave.  
|          | Salisbury, MD 21801 |
| Phone:   | 410-430-0727 |

**Community Behavioral Health Providers**

| Hours of Operation: | Call to schedule appointment  
|                    | Tues, Thurs, and Fri  
|                    | 1pm – 8pm |
| Payment Type(s):    | Medicaid, Medicare,  
|                     | Private Insurance, Self Pay |

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Individual Therapy

**Payment Type(s):**
- N/A

**Ages Served:**
- 18+

**Other Behavioral Health Services:**
## Community Behavioral Health Providers

### The Personal Wellness Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>6508 Deer Pointe Dr Suite 4C Salisbury, MD 21804</td>
<td>410-742-6016</td>
<td>Call to schedule appointment Mon-Thurs 8am-7pm Fri 8am-5pm Sat 9am-2:30pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>Fax:</td>
<td></td>
<td>Ages Served: 5+</td>
</tr>
<tr>
<td><a href="http://www.thepersonalwellnesscenter.com">www.thepersonalwellnesscenter.com</a></td>
<td>410-742-6014</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Language Services:** Spanish  

**Mental Health Services Provided:**  
- Family Therapy  
- Individual Therapy  
- Hypnotherapy

**Specialty Treatments:**  
- Eating Disorders  
- Geriatric  
- Trauma – PTSD  
- Veterans

**Other Behavioral Health Services:** Cognitive behavioral therapy, Holistic therapy, Nutritional Coach, Acupuncture, Life Coach, Energy therapy: Reiki and EFT (Emotional Freedom Technique), and Bach Flowers.

### White Flint Recovery, Eastern Shore, Inc.

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>130 E. Main St. Salisbury, MD 21801</td>
<td>410-749-6422</td>
<td>Spanish</td>
<td>Medicaid, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td></td>
<td>Fax:</td>
<td>Hours of Operation: Mon-Fri 10am-6pm</td>
<td>Ages Served: 16+</td>
</tr>
<tr>
<td></td>
<td>410-749-7861</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Addictions Services Provided:**  
- Addiction IOP  
- Addiction Outpatient  
- Group Therapy  
- Individual Therapy  
- Vivitrol Treatment

**Specialty Treatments:** N/A

**Other Behavioral Health Services:**

### Wicomico Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>108 E. Main St. Salisbury, MD 21801</td>
<td>Addictions: 410-742-3784</td>
<td>Interpreter and/or Language Line</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td>Mental Health: 410-334-3497</td>
<td></td>
<td>Hours of Operation: Addictions: Walk in Mon-Thurs 8am Mental Health: Walk in times may vary – Please call.</td>
<td>Ages Served: Varies by program, call for details</td>
</tr>
<tr>
<td>Website/Email:</td>
<td>Fax:</td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.wicomicohealth.org">www.wicomicohealth.org</a></td>
<td>410-543-6680</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**  
- Ability to Prescribe Medication  
- Addiction IOP  
- Addiction Outpatient  
- Family Therapy  
- Oral Naltrexone

- Group Therapy  
- Individual Therapy  
- Medication Management  
- Methadone Treatment  
- Peer Support  
- PRP  
- Suboxone Treatment (limited)  
- TCM for Adults  
- Telepsychiatry  
- Vivitrol Treatment

**Specialty Treatments:**  
- Co-occurring Treatment/Dual Diagnosis

**Other Behavioral Health Services:**
### Community Behavioral Health Providers

#### Worcester Addiction Cooperative Services (W.A.C.S)

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>11827 Ocean Gateway, Ocean City MD 21842</td>
<td>410-213-0202</td>
<td>Mon-Thurs 8am-6:30pm, Fri 8am-4:30pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale</td>
</tr>
</tbody>
</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website/Email:</strong></td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-213-1408</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- Addiction IOP
- Addiction Outpatient
- Group Therapy

**Specialty Treatments:**
- Co-occurring Treatment/Dual Diagnosis

**Ages Served:**
- 18+

**Other Behavioral Health Services:**
- Weekly LGBTQ groups held at Berlin Health Department.

### Worcester County Health Department

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Website/Email:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>6040 Public Landing Rd. Snow Hill, MD 21863</td>
<td>9730 Healthway Dr. Berlin, MD 21811</td>
<td>400 Walnut St. #A Pocomoke, MD 21851</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale</td>
</tr>
</tbody>
</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone:</strong></td>
<td>410-632-1100</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-632-0906</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-629-0164</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-629-0185</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-957-2005</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-957-0185</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- Ability to Prescribe Medication
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Peer Support
- PRP
- Psychiatric Evaluations
- TCM for Adults
- Telepsychiatry

**Specialty Treatments:**
- Anger Management Groups
- Co-occurring Treatment/Dual Diagnosis
- Play Therapy

**Ages Served:**
- 2+

**Other Behavioral Health Services:**
- Weekly LGBTQ groups held at Berlin Health Department.

### Worcester Youth & Family Counseling Services, Inc

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>124 North Main St. Suite C, Berlin, MD 21811</td>
<td>410-641-4598</td>
<td>Mon-Thurs 8:30am - 7pm, Fri 9am - 1pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
</tbody>
</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website/Email:</strong></td>
<td><a href="http://www.gowoyo.org">www.gowoyo.org</a></td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-641-4696</td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- Family Therapy
- Group Therapy
- Individual Therapy

**Specialty Treatments:**
- Eating Disorders
- LGBTQ
- Play Therapy
- Truma – PTSD

**Ages Served:**
- 4+
### Community Behavioral Health Providers

**Wraparound Maryland**

| **Address:** | 1118 East Main Street  
Salisbury, MD 21804 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Website/Email:</strong></td>
<td><a href="http://www.wraparoundmd.com">www.wraparoundmd.com</a></td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-219-5070</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>410-219-5072</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong></td>
<td>Mon-Fri 8am-5pm</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong></td>
<td>Medicaid</td>
</tr>
<tr>
<td><strong>Ages Served:</strong></td>
<td>Children under 18</td>
</tr>
</tbody>
</table>

**Mental Health and Addiction Services Provided:**
- ☑ CCO/1915i TCM for Youth

**Specialty Treatments:**
- ☑ LGBTQ – Safe Spaces, LGBTQ Informed

**Other Behavioral Health Services:** Provides mental health case management to children and youth in Wicomico and Somerset Counties. TCM Plus with Medicaid and without Medicaid. Provides FREE navigation, referral, and case management for citizens of Wicomico County through CARE at New Transitions, Inc. with no age or insurance requirements. Call 410-219-5070 and press 2 for details.
### Regional Behavioral Health Providers

#### Chesapeake Treatment Services

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>1322 Belmont Ave, Salisbury, MD 21804</td>
<td>12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842</td>
<td>402 Marvel Ct, Easton, MD 21601</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Phone: 410-831-3904</td>
<td>Phone: 410-851-2204</td>
<td>Phone: 410-822-7150</td>
<td>Website: <a href="http://www.chesapeaketreatmentservices.com">www.chesapeaketreatmentservices.com</a></td>
<td></td>
</tr>
</tbody>
</table>

**Addiction Services Provided:**
- ✔️ Addiction Outpatient
- ✔️ Methadone Treatment
- ✔️ Suboxone Treatment

**Other Behavioral Health Services:**

#### Community Behavioral Health

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Hours of Operation:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>821 Eastern Shore Dr. Salisbury, MD 21804</td>
<td>426 Dorchester Ave. Cambridge, MD 21613</td>
<td>142 Coursevall Dr., Centreville, MD 21617</td>
<td>Mon-Fri 8am-6pm</td>
<td>Interpreter Services</td>
<td>Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Phone:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ✔️ Ability to Prescribe Medication
- ✔️ Addiction IOP
- ✔️ Addiction Outpatient
- ✔️ Family Therapy
- ✔️ Group Therapy
- ✔️ Individual Therapy
- ✔️ Medication Mngmt.
- ✔️ Mental Health IOP
- ✔️ Peer Support
- ✔️ PRP
- ✔️ Psychiatric Evaluation
- ✔️ Respite
- ✔️ Suboxone Treatment
- ✔️ Subutex Treatment
- ✔️ TCM for Adults
- ✔️ Telepsychiatry
- ✔️ Vivitrol Treatment

**Specialty Treatments:**
- ✔️ Anger Mngmt.
- ✔️ Art Therapy
- ✔️ Co-occurring Treatment / Dual Diagnosis
- ✔️ Eating Disorders
- ✔️ Play Therapy
- ✔️ Sex Offender

**Other Behavioral Health Services:**

#### Dover Behavioral Health System

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>General Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>725 Horsepond Rd. Dover, DE 19901</td>
<td>406 S. Bedford St. Georgetown, DE 19947 (PHP)</td>
<td>855-609-9711</td>
<td>Interpreter services</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Phone: 302-747-1100</td>
<td>Phone: 302-747-1421</td>
<td>Fax: 302-588-5724</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Website/Email:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ✔️ Ability to Prescribe Medication
- ✔️ Addiction Inpatient
- ✔️ Addiction IOP
- ✔️ Addiction Outpatient
- ✔️ Detox
- ✔️ Family Therapy
- ✔️ Group Therapy
- ✔️ Medication management
- ✔️ PHP
- ✔️ Psychiatric Acute Inpatient (Dover Only)
- ✔️ Psychiatric Evaluations

**Specialty Treatments:**
- ✔️ Anger Management Groups
- ✔️ Art Therapy
- ✔️ Co-occurring Treatment / Dual Diagnosis
- ✔️ Music Therapy
- ✔️ Telepsychiatry
- ✔️ Veterans

**Other Behavioral Health Services:**
# Regional Behavioral Health Providers

## Eastern Shore Hospital Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Hours of Operation: 24/7, intakes generally by appointment</th>
</tr>
</thead>
<tbody>
<tr>
<td>5262 Woods Rd. Cambridge, MD 21613</td>
<td>Phone: 410-221-2300</td>
</tr>
<tr>
<td>Website/Email: <a href="https://health.maryland.gov/ESHC">https://health.maryland.gov/ESHC</a></td>
<td>Fax: 410-221-2558</td>
</tr>
</tbody>
</table>

**Language Services:** Phone, written, visual, and on-site interpretation.

**Ages Served:** 18+

### Mental Health/Addictions Services Provided:
- ☑ Psychiatric Acute Inpatient

### Specialty Treatments
- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring Treatment / Dual Diagnosis
- ☑ Trauma
- ☑ Forensic

**Other Behavioral Health Services:** Treatment in association with trauma informed care

## Eastern Shore Psychological Services, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Hours of Operation: Please check with each site for walk in times</th>
</tr>
</thead>
<tbody>
<tr>
<td>1113 Healthway Dr. Salisbury, MD 21804</td>
<td>11120 Somerset Ave.</td>
<td>29520 Canvasback Dr.</td>
<td></td>
</tr>
<tr>
<td>Phone: 410-334-6961</td>
<td>Phone: 410-651-4200</td>
<td>Phone: 410-822-5007</td>
<td></td>
</tr>
<tr>
<td>Fax: 410-334-6960</td>
<td>Fax: 410-651-4290</td>
<td>Fax: 410-822-5569</td>
<td></td>
</tr>
</tbody>
</table>

**Website:** www.espsmd.com

**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

**Ages Served:** 4+

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy

### Specialty Treatments
- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Forensic
- ☑ Sex Offender
- ☑ Trauma

**Other Behavioral Health Services:** PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care

## Hudson Health Services

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone: 888-288-9086</th>
<th>Language Services: Translators available</th>
</tr>
</thead>
<tbody>
<tr>
<td>1506 Harting Dr., P.O. Box 1096 Salisbury, MD 21801</td>
<td>Fax: 410-742-7048</td>
<td>Hours of Operation: Call to schedule appointment</td>
</tr>
</tbody>
</table>

**Project:** 8am-5pm

**Ages Served:** 18+

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction Inpatient
- ☑ Addiction Transitional Housing
- ☑ Detox
- ☑ Family Therapy

### Specialty Treatments
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Peer Support
- ☑ PHP
- ☑ Psychiatric Evaluations
- ☑ Residential Treatment Center
- ☑ Transitional Housing
- ☑ Vivitrol Treatment

**Specialty Treatments:** N/A

**Other Behavioral Health Services:** Hudson Health Services’ Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.
# Regional Behavioral Health Providers

## J. David Collins and Associates, LLC

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>540 Riverside Dr., Suite 8, Salisbury, MD 21801</td>
<td>828 Airpax Rd., Building B Cambridge, MD 21613</td>
<td>Appointments and walk-ins for intake Mon-Fri 9am-5pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
</tbody>
</table>

### Phone and Fax:
- **Phone:** 410-548-3333
- **Fax:** 443-944-8299

### Contact:
- **Website/Email:** www.jdavidcollins.com

### Services Provided:
- **Mental Health/Addictions Services Provided:**
  - Ability to Prescribe Medication
  - Addiction IOP
  - Addiction Outpatient
  - Family Therapy
  - Group Therapy
  - Individual Therapy

- **Specialty Treatments:**
  - Addiction IOP
  - Addiction Outpatient
  - Family Therapy
  - Group Therapy
  - Individual Therapy

### Other Behavioral Health Services:
- Rockford Center
- Union Hospital of Cecil County

---

## Rockford Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Rockford Dr. Newark, DE 19713</td>
<td>302-996-5480</td>
<td>24/7, 365 days a year</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
</tbody>
</table>

### Phone and Fax:
- **Phone:** 302-996-5480
- **Fax:** N/A

### Contact:
- **Website/Email:** www.rockfordcenter.com

### Services Provided:
- **Mental Health/Addictions Services Provided:**
  - Ability to Prescribe Medication
  - Addiction Inpatient
  - Addiction IOP
  - Detox
  - Group Therapy

- **Specialty Treatments:**
  - Anger Management Groups
  - Art Therapy
  - Co-occurring Treatment/Dual Diagnosis
  - Geriatric

### Other Behavioral Health Services:
- Union Hospital of Cecil County

---

## Union Hospital of Cecil County

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>106 Bow St. Elkton, MD 21921</td>
<td>410-392-4000, 410-392-2689</td>
<td>Patient must present to the emergency department for CIS evaluation</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
</tbody>
</table>

### Phone and Fax:
- **Phone:** 410-392-4000, 410-392-2689
- **Fax:** 410-398-0698

### Contact:
- **Website/Email:** N/A

### Services Provided:
- **Mental Health Services Provided:**
  - Ability to Prescribe Medication
  - Psychiatric Acute Inpatient

- **Specialty Treatments:**
  - N/A

### Other Behavioral Health Services:
# Regional Behavioral Health Providers

**University of Maryland Shore Behavioral Health Substance Disorders Program**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>219 South Washington St., Easton, MD 21601</td>
<td>410-822-1000 ext.5452</td>
<td>Call to schedule appointment Mon - Fri</td>
<td>Medicaid, Medicare, Private Insurance,</td>
<td>18+</td>
</tr>
<tr>
<td></td>
<td>410-819-8736</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Addiction Services Provided:**
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Peer Support
- ☑ Sychiatric Evaluation
- ☑ Vivtrol Treatment

**Specialty Treatments:**
- ☑ Co-occurring Treatment/Dual Diagnosis

**Other Behavioral Health Services:** Acute inpatient hospitalization

---

**Warwick Manor Behavioral Health**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>3680 Warwick Rd., East New Market, MD 21631</td>
<td>410-943-8108</td>
<td>Admissions Department: 8am-5pm</td>
<td>Medicaid, Private Insurance, Self Pay</td>
<td>18+</td>
</tr>
<tr>
<td></td>
<td>410-943-1063</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ☑ Ability to Prescribe Medication
- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PHP
- ☑ Psychiatric Evaluations
- ☑ Vivtrol Treatment

**Specialty Treatments:**
- ☑ Art Therapy
- ☑ Co-occurring Treatment/Dual Diagnosis

**Other Behavioral Health Services:**

---

**Life Coaches**

**The Personal Wellness Center**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>6508 Deer Pointe Dr Suite 4C Salisbury, MD 21804</td>
<td>410-742-6016</td>
<td>Call to schedule appointment Mon-Thurs 8am-7pm Fri 8am-5pm Sat 9am-2:30pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
<td>5+</td>
</tr>
<tr>
<td></td>
<td>410-742-6014</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Language Services:** Spanish

**Specialty Treatments:**
- ☑ Eating Disorders
- ☑ Geriatric
- ☑ Trauma – PTSD
- ☑ Veterans

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Hypnotherapy

**Other Behavioral Health Services:** Cognitive behavioral therapy, holistic therapy, nutritional coach, acupuncture, life coach, energy therapy: reiki and EFT (Emotional Freedom Technique), and Bach Flowers.
Low Cost Medical Providers

Chesapeake Health Care

**Somerset:**
Adult Medicine: Monday - 9:00 am – 7:00 pm; Tue-Th - 7:00 am – 7:00 pm; Friday - 7:00 am – 5:00 pm
OB/GYN: Mon-Fri - 8:30 am – 5:00 pm
Pediatrics: Mon-Th - 8:00 am – 6:00 pm; Friday - 8:30 am – 5:00 pm; Call for Saturday hours
Mental Health: Mon-Th - 7:30 am – 6:00 pm; Friday - 7:00 am – 5:30 pm
Pharmacy: Mon-Fri - 8:30 am – 5:00 pm
Phone: 410-651-1000
Address: 12145 Elm St., Princess Anne, MD 21853

Dental: Mon-Fri - 8:30 am – 5:00 pm
Phone: 410-651-5151
Address: 12165 Elm St., Princess Anne, MD 21853

**Wicomico:**
Adult Medicine: Mon–Fri - 7:00 am – 7:00 pm
Phone: 410-546-6650
Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Dental: Mon-Fri – 8:30 am – 5:00 pm
Phone: 443-944-6900
Address: 1615 Tree Sap Court, Suite A, Salisbury, MD 21804

Mental Health Adults: Call for hours
Phone: 443-358-6193
Address: 560 Riverside Dr., Suite A-204, Salisbury, MD 21801
Phone: 410-546-6650
Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Mental Health Youth: Mon-Fri - 7:30 am – 6:00 pm
Phone: 410-219-5483
Address: 1813 Sweetbay Dr., Salisbury, MD 21804

OB/GYN: Mon-Fri - 8:30 am – 5:00 pm
Maternal Fetal Medicine: Tues-Fri - 7:30 am – 5:00 pm
Phone: 410-546-2424
Address: 1647 Woodbrooke Dr., Salisbury, MD 21804
Pediatrics: Mon and Tue - 8:00 am – 6:00 pm; Weds - Fri - 8:00 am – 5:00 pm; Call for Saturday hours
Phone: 410-548-1747
Address: 223 Phillip Morris Dr., Salisbury, MD 21804

Pharmacy: Mon-Fri - 8:30 am – 6:00 pm, Saturday - 9:00 am – 4:00 pm
Phone: 410-677-0561
Address: 1615 Tree Sap Ct., Salisbury, MD 21804

**Worcester:**
Adult Medicine: Mon-Th - 7:00 am – 5:00 pm; Friday - 9:00 am – 5:00 pm
Pediatrics: Monday and Friday - 8:00 am – 6:00 pm; Tuesday and Thursday - 9:00 am – 7:00 pm
Mental Health: Mon-Fri - 8:00 am – 4:30 pm
Phone: 410-957-1852
Address: 305 10th St., Suite 104, Pocomoke City, MD 21851
Pediatrics: Monday and Friday - 8:00 am – 6:00 pm; Tuesday and Thursday - 9:00 am – 7:00 pm
Adult Medicine: Wednesday - 7:00 am – 5:00 pm
Mental Health: Mon - Fri - 8:30 am – 5:00 pm
Phone: 410-973-2820
Address: 956 N. Main St., Suite 2, Berlin, MD 21811
Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program
Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.
Phone: 410-835-8814
Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849
Website: www.4stepstrp.org

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)
provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available from 9 am to midnight, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller. All services are accessed by calling the phone number below.
Phone: 1-888-407-8018
Website: www.thesantegroup.org

Al-Anon
Provides meetings for people who are affected by someone else’s drinking. For meeting times and locations on the Eastern Shore please visit website below.
Phone: 888-425-2666
Website: http://www.easternshoremd-alan.org/#!meetings/cfvg

Celebrate Recovery
A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.
Phone: 410-742-4424
Address: 361 Tilghman Road Salisbury, MD 21804

Lower Shore Friends
Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm
Methadone support group every Friday from 10:00 am to 11:00 am.
Phone: 410-334-2173
Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Mental Health Association on the Lower Shore
Mental Health Association on the Lower Shore is an education and advocacy group, and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.
Phone: 410-632-4510

Recovery Resource Center
12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.
Phone: 410-749-9482
Address: 726 S. Salisbury Blvd., Salisbury, MD 21801
Website: www.rrcsby.org

Survivors of Suicide Group
For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm at the Berlin Health Center on Healthway Drive. For more information contact Kim Klump or the Worcester County Health Department.
Phone: 410-726-3090 (Kim Klump)
Phone: 410-629-0164 (Health Department)
Address: 9730 Healthway Dr, Berlin, MD 21811

The Lower Shore LGBTQ Coalition, Inc.
The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.
Crisis Line: 1-800-273-8255
Phone: 443-239-4185
Website: www.socialmedialgbtq.wix.com/lgbtq
Social Service Organizations

Department of Social Services (DSS)
Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset
Phone: 410-677-4200
Address: 30397 Mount Vernon Rd, Princess Anne, MD 21853

Wicomico
Phone: 410-713-3900
Address: 201 Baptist Street, Salisbury, MD 21801

Worcester
Phone: 410-677-6800
Address: 299 Commerce Street, Snow Hill, MD 21863

Diakonia, Inc.
Provides homeless advocacy, emergency & transitional shelter, case management, food pantry, homeless prevention programs (rental & utility assistance), housing search assistance, supportive services for veterans and their families, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops.
Phone: 410-213-0923
Address: Call for assessment and location
Website: www.diakoniaoc.org

Catholic Charities, Inc - Seton Center
Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women’s support group, referrals for immigration services, financial assistance for basic living expense.
Phone: 410-651-9608
Address: Call for assessment and location

Help & Outreach Point of Entry, Inc. (HOPE)
Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.
Phone: 410-677-0757
Address: 129 Broad St., Salisbury, MD 21801

Joseph House Ministries
Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.
Phone: 410-749-4239
Address: 812 Boundary Street, Salisbury, MD 21801
Website: www.thejosephhouse.org

Local Management Board (LMB)
Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community based services to promote a safe, healthy, and stable environment for all families. They provide resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc
Phone: 410-651-2824
Address: 8928 Sign Post Road, Suite 1, Westover, MD 21871
Website: www.sclmb.org

Wicomico Partnership for Families and Children
Phone: 410-546-5400
Address: 125 N. Division St, Room 101, Salisbury, MD 21801
Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

Worcester County’s Initiative to Preserve Families
Phone: 410-632-3648
Address: 6040 Public Landing Road, PO Box 129, Snow Hill, MD 21863

MAC, INC
MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.
Phone/Fax: 410-742-0505
Address: 909 Progress Circle, Salisbury, MD. 21804
Website: www.macinc.org
Salisbury Urban Ministries
Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid’s Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).
Phone: 410-749-1563
Address: 326 Barclay St., PO Box 1792, Salisbury, MD 21802

Salvation Army
Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.
Phone: 410-749-3077
Address: 407 Oak Street, Salisbury, MD 21804

Local Shelters

Christian Shelter
Phone: 410-749-5673
Address: 334 Barclay Street, Salisbury MD 21804
Website: www.christianshelter.org

Cold Weather Shelter
(Men/CESP; available only during cold months, starting in January.)
Phone: 410-677-0757
Address: Location changes weekly.

Diakonia, Inc.
Phone: 410-213-0923
Address: 12747 Old Bridge Road, Ocean City MD 21842
Website: www.diakoniaoc.org

The Samaritan Shelter
Wednesdays beginning at 10am. A navigator with Family Connections, through Worcester Youth and Family Counseling Services, is available to assist with connecting individuals to resources. Food bank on Tuesdays and Saturdays 1pm - 2pm. Soup kitchen Wednesdays and Fridays 11am - 1pm (free meal).
Phone: 410-957-4310
Address: 814 Fourth Street, Pocomoke City MD 21851

Hope and Outreach Point of Entry, Inc. (HOPE)
Day Center and Shelter
Phone: 410-543-9010
Address: 119 B South Boulevard, Salisbury MD 21804
Website: www.haloministry.org

Lower Shore Shelter
Phone: 443-888-6160
Address: 12518 Somerset Ave, Princess Anne, MD 21853

The Samaritan Shelter
Phone: 410-957-4310
Address: 814 Fourth Street, Pocomoke City MD 21851
Website: http://thesamaritanshelter.org/

Ocean City Cold Weather Shelter
(Open only when temperature is below 25°.)
Call for availability: 410-289-4054
Local Food Pantries and Soup Kitchens

**Wicomico County:**

**Diakonia, Inc.**  
Available 7 days a week 8am–5pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.  
Phone: 410-213-0923  
Address: 12747 Old Bridge Rd., Ocean City, MD 21842

**Joseph House Ministries**  
Monthly bags of food to Wicomico county residents.  
Phone: 410-749-4239  
Address: 812 Boundary St., Salisbury, MD 21801

**Lower Shore Friends**  
Available 5 days a week, Mon – Fri 10am–2pm  
Phone: 410-334-2173  
Address: 207 Maryland Ave. #5, Salisbury, MD 21801

**MD Food Bank**  
Call or go online to find food pantry closest to you.  
Phone: 410-742-0050  
Website: https://mdfoodbank.org/need-food/

**Salisbury Urban Ministries**  
God's Kitchen - Saturdays 11am-1pm at Grace UMC  
Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)  
Food Pantry - Tuesdays and Thursdays, 10am-2pm (Wicomico County residents only)  
Phone: 410-749-1563  
Address: 326 Barclay St., Salisbury, MD 21802

**Salvation Army**  
Most services are provided by appointment only.  
Phone: 410-749-3077  
Address: 407 Oak Street, Salisbury, MD 21804

**St. Paul AME Zion Church**  
Food giveaway the 3rd Monday every month. Must bring photo I.D.  
Phone: 410-546-5661  
Address: 410 Delaware Ave, Salisbury, MD 21801

**The Samaritan Shelter**  
Soup kitchen Weds and Fri 11am–1pm  
Food distribution Tues and Sat 1pm–2pm  
Phone: 410-957-4310  
Address: 814 Fourth St., Pocomoke City, MD 21851

**Somerset County:**

**Catholic Charities, Inc – The Seton Center**  
Phone: 410-651-9608  
Address: Call for assessment and location

**Worcester County:**

**Berlin First Baptist Church** (serves Berlin area)  
Tuesdays from 10 am to 12 pm.  
Phone: 410-641-4306  
Address: 613 William St, Berlin, MD 21811

**Community Church of Ocean Pines**  
Food pantry Weds - Sat from 9am - 1pm.  
Must have a referral to receive food.  
Serves Worcester residents or Veterans from any county.  
Phone: 410-641-5433  
Address: 11227 Racetrack Rd, Berlin, MD 21811

**Diakonia**  
Food Pantry Phone: 410-213-0923  
Address: Call for assessment and location

**Transportation**

**Medical Assistance Transportation**  
Wicomico Phone: 410-548-5142  
Worcester Phone: 410-632-0092  
Somerset Phone: 443-523-1722

**Shore Transit**  
Phone: 443-260-2300
Transitional Housing

Diakonia, Inc.
Homeless advocacy, emergency and transitional shelter, case management, food pantry, homeless prevention programs (rental and utility assistance), housing search assistance, supportive services for veterans and their families, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops.
Phone: 410-213-0923
Address: 12747 Old Bridge Road, Ocean City, MD 21842
Website: www.diakoniaoc.org

Village of Hope
A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.

Second Wind
Addiction transitional housing, family therapy, group therapy, individual therapy, and peer support. (Men only)
Phone: 410-749-8038
Address: 309 Newton Street, Salisbury, Maryland 21801
Website: www.secondwindinc.net

Veteran Support Services

Cambridge VA Outpatient Clinic
Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging, urology, vet center, women’s health.
Phone: 410-228-6243
Address: 830 Chesapeake Drive, Cambridge MD 21613

Department of Veterans Affairs and Hotline Numbers
Website: www.va.gov
Benefits: 1-800-824-1000
Health Care: 1-877-222-VETS (8387)
VA Inspector General: 1-800-488-8244
Combat Call Center: 1-877-WAR-VETS (877-927-8387)
Homeless Veteran Services 1-877-AID-VET (877-424-3838)

Elkton Vet Center
Jon Dansicker, Veteran Outreach Specialist
Work Cell: 410-703-5783
Website: www.vetcenter.va.gov

Maryland’s Commitment to Veterans
Dina Karpf, Eastern Regional Resource Coordinator, Maryland Department of Health
Phone: 410-725-9996 (cell)
Maryland Army National Guard Family Assistance Center

Phone: 410-543-6189

Moose VFW Post 194
Phone: 410-543-8194
Address: 821 E. William St., Salisbury, MD 21804

National Association of Black Veterans, Inc. (NABVETS) Walk Through the Valley Chapter #0093, Cmdr.
Phone: 443.366.8534 (James Briddell Sr)
Address: 127 Flower St., Berlin, MD 21811

Operation We Care
Phone: 410-713-8940 (Jeff Merritt)
Address: 829 E. William St., Salisbury, MD 21804
Website: www.operationwecare.org

Perry Point VA Medical Center
Inpatient, outpatient, and primary care services.
Phone: 410-642-2411
Website: www.maryland.va.gov

Salisbury University
Shannon Hardester, Veterans and Military Affiliated Coordinator (Registrar’s Office)
Phone: 410-543-6189

Veteran Support Services

Phone: 410-507-2202 (Jon Black)
Address: 28722 Ocean Gateway, Salisbury, MD 21801

Phone: 410-488-8244
Address: 821 E. William St., Salisbury, MD 21804

Phone: 443.366.8534 (James Briddell Sr)
Address: 127 Flower St., Berlin, MD 21811

Phone: 410-713-8940 (Jeff Merritt)
Address: 829 E. William St., Salisbury, MD 21804
Website: www.operationwecare.org

Phone: 410-642-2411
Website: www.maryland.va.gov

Phone: 410-543-6189
Veteran Employment Services

Delmarva Veteran Builders
Phone: 443-736-1584 Chris Eccleston
Address: 212 W. Main Street, Suite #305,
Salisbury, MD 21801

Veteran Family Support Services

Diakonia, Inc.
Supportive services for veterans and their families.
Phone: 410-213-0923
Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church
Supportive Services for veterans and their families
Phone: 410-742-1427
Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System
Community integration services, homeless outreach and case management,
contract housing/emergency shelter (Daniel Rose, HUD-VASH).
Phone: 443-206-2435

Veteran Transportation Services

DAV Eastern Shore Chapter #34
Provides transportation for veterans to VA medical facilities.
Note: Not equipped with handicap accessibility.
Mr. Cleveland Hicks, Transportation Coordinator
Phone: 410-883-0030/ 410-742-4181
Employment Organizations/ Education and Training Services

AmeriCorps Program at Salisbury University  Phone: 410-548-5119
Deaf Independent Living Association (DILA)  Phone: 410-742-5052 (Voice/TTY)
Division of Rehabilitation Services (DORS)  Phone: 410-546-1580
Division of Workforce Development and Adult Learning (Salisbury Office)  Phone: 410-341-8533
Go-Getters/Shore Employment Services  Phone: 410-546-0381 ext. 151
Goodwill Career Development  Phone: 410-219-9118
Lower Shore Enterprises, Inc.  Phone: 410-749-6183
Lower Shore Workforce Alliance  Phone: 410-341-6515 (One Stop Job Market)
MAC INC, AAA  Phone: 410-742-0505
Maple Shade Youth & Family Services, Inc.  Phone: 410-677-0202
Older Workers Training Program (Shore Up)  Phone: 410-749-1142
One Stop Job Market  Phone: 410-341-6515
Small Business Development Center  Phone: 410-548-4419
Telamon Corporation  Phone: 410-546-4604
Youth Employment Program (Shore Up! Inc.)  Phone: 410-749-1142 ext. 360
Helpful Websites

American Association of Suicidology  
www.suicidology.org

American Foundation for Suicide Prevention  
www.afsp.org

Camp Rehoboth  
www.camprehoboth.com

Mental Health “Signs of Suicide”  
www.mentalhealthscreening.org

Living Works Network – Safe Talk & ASIST training  
www.livingworks.net

Network of Care  
www.worcester.md.networkofcare.org

MentalHealth.Gov  
www.mentalhealth.gov

On Our Own of Maryland, Inc.  
www.onourownmd.org

Ok2Talk  
www.ok2talk.org

Society for the Prevention of Teen Suicide  
www.sptsusa.org

Parents of Suicide  
www.parentsofsuicide.com & www.pos-ffos.com

Stop A Suicide Today  
www.stopasuicide.org

Stop Bullying  
http://www.stopbullying.gov/

Suicide Prevention Action Network  
www.spanusa.org

Substance Abuse and Mental Health Services Administration (SAMHSA)  
www.findtreatment.samhsa.gov

Yellow Ribbon International Suicide Prevention Program  
www.yellowribbon.org

Suicide Prevention Resource Center  
www.sprc.org
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