Tri-County

Behavioral Health

Resource Guide

Published March 2022

SOMERSET • WICOMICO • WORCESTER

Tri-County Behavioral Health Resource Guide

Table of Contents

Contents

Introduction to the Guide 2

Maryland's Public Behavioral Health System (PBHS) Overview 2

Behavioral Health Glossary 3

Crisis Information and 24-Hour Hotline 6

Community Behavioral Health Providers 8

Regional Behavioral Health Providers 37

Affordable Health Care Assistance 44

Low-Cost Medical Providers 45

Behavioral Health Resources / Support Groups 46

Social Service Organizations 48

Local Shelters 50

Local Food Pantries and Soup Kitchens 51

Transportation 52

Transitional Housing 52

Veteran Education Services 53

Veteran Employment Services 53

Veteran Family Support Services 53

Veteran Support Services 54

Veteran Transportation Services 54

Employment Organizations/ Education and Training Services 55

Helpful Websites 56

Index of Behavioral Health Providers 57

Notes 62

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Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (WiLBHA), Worcester Local Behavioral Health Authority (WoLBHA), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (WoLMB) are pleased to present the 2022 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, WiLBHA, WoLBHA and WoLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

Somerset Local Behavioral Health Authority
8928 Sign Post Rd, Westover, MD 21871
443-523-1700
www.somersethealth.org

Wicomico Behavioral Health Authority
108 East Main St., Salisbury, MD 21801
410-543-6981
www.wicomicohealth.org

Worcester Behavioral Health Authority
6040 Public Landing Dr., Snow Hill, MD 21863
410-632-3366
www.worcesterhealth.org

Worcester County's Initiative to Preserve Families
6040 Public Landing Dr., Snow Hill, MD 21863
410-632-3648

Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authority (LBHAs), and Optum (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Optum, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" – A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate's degree in a counseling field among other requirements.

Clinical Social Worker (LCSW, LCSW-C) – Clinical Social Workers hold a Master's degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor

Licensed Clinical Professional Counselor (LCPC) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a Master's degree and passing the test for a license. During this time, the counselor is under supervision.

Licensed Professional Counselor (LPC) – A licensed professional counselor holds a Master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Psychiatrist (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

1915i – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

Case Management – A process which plans, coordinates, and implements services required to meet an individual's needs.

Crisis Intervention Team (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide self direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information.

Psychological tests are administered and interpreted by a psychologist.

Residential Rehabilitation Program (RRP) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Respite services are provided to relieve the caregiver from the stress of care giving.

Sliding Scale – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be $0).

Social Service Organization – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

Telemedicine – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

Uninsured – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.

Crisis Information and 24-Hour Hotline

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Mobile Response in 8 counties crisis teams located in Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico Counties. The hotline which is 24/7, 365 days a year, is available in all 9 counties to respond to mental health and substance use crises as defined by the caller.
Phone: 1-888-407-8018
Website: www.thesantegroup.org

Americans with Disabilities Act
U.S. Access Board 24 Hour Hotline: 1-800-872-2253
Americans with Disabilities Act Information Line:
800-514-0301 (Voice),
800-514-0383 (TTY)

The Retreat
Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.
Team Cell Phone: 443-880-3010
Website: www.gogettersinc.org

Community Outreach Addictions Team (C.O.A.T.)
Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.
Phone: 443-783-6875 /410-742-3784

Life Crisis Center
Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.
24 Hour Hotline: 410-749-4357
Phone: 410-749-0632 / 410-749-0771
Website: www.lifecrisiscenter.org

Maryland Center of Excellence on Problem Gambling
1-800-GAMBLER (426-2537)
Website: http://www.mdproblemgambling.com/helpline/

Maryland State AIDS Hotline
Phone: 1-800-232-4636
TTY: 1-800-232-6348

Maryland Youth Crisis Hotline
Mobile Treatment/ACT – Lower Shore Clinic
Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.
Phone: 410-341-3420

Poison Control Center
Phone: 1-800-222-1222
Website: www.mdpoison.com

Sexual Assault Resource Agency
Phone: 410-836-8430

Suicide Prevention Lifeline
English and Spanish speakers are available.
Phone: 1-800-273-8255
TTY: 1-800-799-4889
Website: www.suicidepreventionlifeline.org

Trevor Lifeline (LGBTQ community)
Phone: 1-866-488-7386
Website: www.thetrevorproject.org

Crisis Information and 24-Hour Hotline (Continued)

Worcester County Peer Support Warm Line
Phone: 1-844-663-7337 (1-844-ONE-PEER)
Peer support specialists who offer phone support for individuals who are ready to take steps toward recovery.

Safe Station
The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

Wicomico County Safe Stations
Phone: 443-783-6875
726 S Salisbury Blvd,
Salisbury, MD 21804
(inside of the Recovery Resource Center)

Worcester County Safe Stations
Phone: 1-844-ONE-PEER (663-7337)
15th Street Fire House
1409 Philadelphia Ave,
Ocean City MD, 21842

The Worcester County Health Department's Crisis Response Team (CRT)
Provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital and various other agencies throughout the county. CRT provides an emergency mental health and substance use assessment on the scene and attempts to connect individuals to community resources as appropriate. Anyone in need of CRT in Worcester County can call 9-1-1 or local police departments in the county.

Urgent Care Clinics
Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Lower Shore Clinic (Wicomico): 410-341-3420
Call ESCRS after business hours: 1-888-407-8018

Veterans Crisis Line
Chat available on website.
Phone: 1-800-273-8255 (Press 1)
Cell phone (For texting): 838255
Website: www.veteranscrisisline.net

211 Maryland
Our mission is to connect Marylanders to the health and human services they need to achieve a more stable life for themselves and their families.
Call 211 Press 1
Text Zip Code to 898211

Community Behavioral Health Providers

Acadia Counseling and Wellness

Address:	Phone:	Hours of Operation:	Payment Type(s):
9954 N. Main St. Unit 1 Berlin, MD 21811	410-973-2567 **Language Services** Bilingual Staff (Spanish)	By Appointment	Medicare,Private Insurance, Self Pay **Ages Served:** 5 - 75

Mental Health/Addiction Services Provided:	Specialty Treatments:
☑ Addiction Outpatient ☑ Individual Therapy ☑ Family Therapy ☑ Telehealth Services	☑ Co-occurringTreatment/Dual Diagnosis ☑ Play Therapy ☑ Trauma - EFT

Other Behavioral Health Services:

Anderson, Eva K., PhD

Address:	Phone:	Hours of Operation:	Payment Type(s):
540 Riverside Dr., Suite 3 Salisbury, MD 21801	410-548-7883	Call to schedule appointment	Medicare,Private Insurance, Self Pay **Ages Served:** 5+

Mental Health Services Provided:	Specialty Treatments:
☑ Individual Therapy	N/A

Other Behavioral Health Services: Psychological testing

Arrow Child & Family Ministries

Address:	Phone:	Hours of Operation:	Payment Type(s):
116-118 W. Main St., Suite #100 Salisbury, MD 21801 **Website:** www.arrow.org	410-677-0741 **Fax:** 410-677-0743	Call to schedule appointment Referrals and questions can also be sent via email to: prp@arrow.org	Medicaid, Self Pay **Ages Served:** Treatment Foster Care (Infant to 21yrs) PRP (5 to 18yrs)

Mental Health Services Provided:	Specialty Treatments:
☑ PRP ☑ Treatment Foster Care ☑ Respite	N/A

Other Behavioral Health Services:

Community Behavioral Health Providers

Atlantic General Hospital – Telemental Health

Address:	Phone:	Hours of Operation:	Payment Type(s):
9741 Healthway Dr. Berlin, MD 21811 **Website:** www.atlanticgeneral.org	410-641-3340	Call for appointment **Language Services:** Translation services upon request **Ages Served:** Pediatrics to Adult	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Financial assistance available to those who qualify

Mental Health/Addiction Services Provided:

- ☑ Ability to Prescrive Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry

Specialty Treatments:

Other Behavioral Health Services:

Atlantic Psychological Practice, P.A.

Address:	Phone:	Hours of Operation:	Payment Type(s):
106 Milford St., Suite 104 Salisbury, Maryland 21804 **Website:** www.atlanticpsychological.com	410-543-8291 **Fax:** 410-341-6275	Mon 8:00am – 5:00pm Tues 9:00am – 7:00pm Wed 9:00am – 6:00pm Thurs 9:00am – 7:00pm Fri 8:00am – 5:00pm	Medicare, Private Insurance, Self Pay, Sliding Fee Scale **Ages Served:** 2 – 99

Mental Health Services Provided:

- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Cognitive-Behavioral Therapy
- ☑ Telehealth Services

Specialty Treatments:

- ☑ Eating Disorders
- ☑ Trauma - Child Abuse

Other Behavioral Health Services:

B.N.J Health Services, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
204 Newton St Salisbury, MD 21801	443-978-7919 **Fax:** 443-978-7930	Mon-Fri 5am - 11am Sat 6am - 9:30am	Medicaid, Medicare, Self Pay **Ages Served:** 18+

Addiction Services Provided:

- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Addiciton Outpatient
- ☑ Detox
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Methadone Treatment
- ☑ Subutex Treatment

Specialty Treatments:

N/A

Other Behavioral Health Services:

Community Behavioral Health Providers

Balanced Life Counseling Services, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
560 Riverside Dr. Suite B101 Salisbury, MD 21801	443-978-8688 **Website:** www.yourbalancedlife.net	Mon 8:00am – 5:00pm Tues 8:00am – 7:00pm Wed 8:00am – 7:00pm Thurs 8:00am – 6:00pm Fri 8:00am – 2:00pm	Medicaid, Medicare, Private Insurance, Self-Pay **Ages Served:** 5 - 90

Mental Health Services Provided:

☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Telehealth Services

Specialty Treatments:

☑ First Responders
☑ Trauma - EDMR

Other Behavioral Health Services:

Balance Point Wellness, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
212 West Main St. #303 Salisbury, MD 21801 **Website:** www.bpointwellness.com	410-800-2169 **Language Services:** Interpreter Services Bilingual Staff (Spanish)	Mon – Fri 9:00am – 7:00pm	Medicaid, Medicare, Private Insurance, Self-Pay, Uninsured **Ages Served:** 5 - 100

Mental Health Services Provided:

☑ Ability to PrescribMedication
☑ Individual Therapy
☑ Medication Management
☑ Psychiatric Evaluations
☑ Telepsychiatry

Specialty Treatments:

☑ Art Therapy
☑ Co-occurring Treatment/ Dual Diagnosis
☑ Eating Disorders
☑ First Responders
☑ Gambling
☑ Harm Reduction
☑ LGBTQ
☑ Play Therapy
☑ Sex Offender
☑ Trauma
☑ Veterans

Other Behavioral Health Services:

Community Behavioral Health Providers

Blue Wave Counseling & Psychotherapy

Address:	Phone:	Hours of Operation:	Payment Type(s):
1519 Market Street. Pocomoke City, MD 21851 **Website:** bluewavecounselingpsychotherapy.com	484-767-5216	9:00am – 5:00pm	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, **Ages Served:** 15 - 90

Mental Health Services Provided:	Specialty Treatments:
☑ Individual Therapy ☑ Telehealth Services	☑ Co-occurring Treatment/Dual Diagnosis ☑ Eating Disorders ☑ First Responders ☑ Forensic ☑ Gambling ☑ Trauma

Other Behavioral Health Services:

Care at New Transitions

Address:	Phone:	Language Services:	Payment Type(s):
1118 E. Main St Salisbury, MD 21804 **Website:** www.wraparoundmd.com	410-219-5070 Option #2 **Fax:**	Language Line **Hours of Operation:** Mon – Fri 9:00am – 5:00pm Appointments by phone or walk-in	Uninsured **Ages Served:** Birth – 18 18-24 Disconnected or homeless youth

Navigation Services Provided	Specialty Treatments:
	N/A

Other Behavioral Health Services: Coordinate services, offer support, refer & connect youth and families to resources in the community, advocacy.

Catholic Charities, Inc. - Seton Center

Address:	Phone:	Hours of Operation:	Payment Type(s):
30632 Hampden Ave. Princess Anne, MD 21853 **Website:** www.ccwilm.org	410-651-9608 **Fax:** 410-651-1843	Call to schedule appointment	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

Mental Health Services Provided:	Specialty Treatments:
☑ Family Therapy ☑ Individual Therapy	N/A

Other Behavioral Health Services:

Community Behavioral Health Providers

Center 4 Clean Start (C4CS) – Worcester County Health Department

Address:	Phone:	Hours of Operation:	Payment Type(s):
400 Walnut St.; Suite A Pocomoke, MD 21851 **Website:** www.worcesterhealth.org	410-957-2005	Call to schedule appointment Mon - Fri 8am - 4:30pm **Language Services:** Language Line	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 12+

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry
- ☑ Medication Management
- ☑ Peer Support
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Vivitrol Treatment

Specialty Treatments:

- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Gambling Treatment
- ☑ Harm Reduction Services

Other Behavioral Health Services: Treatment is for pregnant women and women with young children.

Chesapeake Health Care – Mental Health

Address 1:	Address 2:	Address 3:	Address 4:	Address 5:	Hours of Operation:
1104 Healthway Dr Salisbury, MD 21804 **Phone:** 410-219-5483	12145 Elm St. Princess Anne, MD 21853 **Phone:** 410-651-2204	305 10th Street Pocomoke City, MD 21851 **Phone:** 410-957-1852	9956 N. Main St. Suite 2 Berlin, MD 21811 **Phone**: 410-973-2820	560 Riverside Dr Ste A-204 Salisbury, MD 21801 **Phone:** 443-358-6193	Children by appointment, **Walk in Times:** Tues. 11:30am, Wed 9:00am, Thurs 11:30am **Language Services:** Intrepreter by request **Website:** chesapeakehc.org

Mental Health Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale

Ages Served:
All Ages

Other Behavioral Health Services:

Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC

Address:	Phone:	Hours of Operation:	Payment Type(s):
212 East Main St., Suite 211 Salisbury, MD 21801	443-523-4976	Call to schedule appointment Email: Chesapeakemusictherapy@gmail.com	Self Pay, Sliding Fee Scale, LISS, TCM PLUS **Ages Served:** 0+

Mental Health Services Provided:

- ☑ Family Therapy
- ☑ Group Therapy
- ☑ IndividualTherapy

Specialty Treatments:

- ☑ Music Therapy

Other Behavioral Health Services: Developmental disabilities, autism, early intervention.

Community Behavioral Health Providers

Chesapeake Treatment Services

Address 1:	Address 2:	Hours of Operation:	Payment Type(s):
12417 Ocean Gtwy, Suite 8 Ocean City, MD 21842 **Phone:** 443-373-2113	402 Marvel Ct, Easton, MD 21601 **Phone:** 410-822-7150	Mon – Thurs 5:30am - 2:00pm Fri 5:30am - 11:00am Sat 5:30am - 9:30am **Website:** www.chesapeaketreatmentservices.com	Medicaid, Medicare, Self-Pay **Ages Served:** 18+

Addiction Services Provided:

- ☑ Addiction Outpatient
- ☑ Ability to Prescribe Medication
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Methadone Treatment
- ☑ Suboxone Treatment
- ☑ Telehealth Services

Specialty Treatments:

Other Behavioral Health Services:

Children's Choice

Address:	Phone:	Hours of Operation:	Payment Type(s):
1813 Sweetbay Dr., Suite 1A Salisbury, MD 21804 **Website:** www.childrenschoice.org	410-546-6106 **Fax:** 410-219-2640	Mon - Fri 8:30am - 4:30pm Intakes by appointment	Medicaid **Ages Served:** 3-17

Mental Health Services Provided:

- ☑ PRP
- ☑ Respite
- ☑ Foster Care
- ☑ Telehealth Services

Specialty Treatments:
N/A

Other Behavioral Health Services: Parent Advocacy Program

Community Behavioral Health Providers

Community Behavioral Health

Address 1:

821 Eastern Shore Dr.
Salisbury, MD 21804

Phone: 844 224-5264 Ext. 12

Address 2:

107 East Market Street
Snow Hill, MD 21863

Address 3:

142 Coursevall Dr.,
Centreville, MD 21617

Address 4:

426 Dorchester Ave.
Cambridge, MD 21613

Phone: 844 224-5264 Ext. 13

Hours of Operation:
Mon - Fri 8:00am - 6:00pm Online

Language Services:
Interpreter Services
Bilingual Staff (Spanish)

Phone: 844 224-5264
Fax: 888 509-0010

Website:
www.communitybehavioralhealth.net

Payment Type(s):
Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured

Ages Served:
3 – 99

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Mental Health IOP
- ☑ Peer Support
- ☑ PRP
- ☑ Psychiatric Evaluation
- ☑ Respite
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ TCM for Adults
- ☑ Telepsychiatry
- ☑ Telehealth Services
- ☑ Vivitrol Treatment

Specialty Treatments:

- ☑ Anger Management
- ☑ Art Therapy
- ☑ Co-occurring Treatment / Dual Diagnosis
- ☑ Eating Disorders
- ☑ Forensic
- ☑ Gambling
- ☑ Geriatric
- ☑ LBGTQ
- ☑ Play Therapy
- ☑ Sex Offender
- ☑ Veterans

Other Behavioral Health Services:

Compass Health Services

Address 1:
2326 Goddard Parkway,
Suite A
Salisbury, MD 21801
Phone:
443-978-7803

Address 2:
100 East Patapsco Ave,
Suite E
Brooklyn, MD 21225
Phone:
667-239-3144

Hours of Operation:
Mon - Fri 9am - 5pm
Intakes by appointment only

Website/Email:
Compasshealthservices.com

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale

Ages Served:
Children, Adolescents, Adults

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Telehealth Services
- ☑ Medication Management
- ☑ Suboxone Treatment
- ☑ Psychiatric Evaluations
- ☑ Mental Health IOP
- ☑ PRP

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Eating Disorders
- ☑ Trauma- Please see below:

Other Behavioral Health Services: PTSD due to Domestic Violence, Child Maltreatment, War Related Trauma, Medical Trauma. Traumatic Loss, Natural Disasters

Community Behavioral Health Providers

Delmarva Counseling Center LLC

Address:
28 East State St.
Delmar, MD 21875

Phone:
410-896-3995

Fax:
410-896-2825

Hours of Operation:
Mon - Fri 8:00am - 6:00pm

Language Services:
Spanish

Payment Type(s):
Medicaid, Private Insurance, Self Pay

Ages Served:
6+

Mental Health/Addictions Services Provided:

- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Mental Health IOP
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry

Specialty Treatments:

- ☑ Eating Disorders
- ☑ Gambling
- ☑ Therapy for LGBTQ
- ☑ Sex Offender
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Anger Management Groups
- ☑ Harm Reduction
- ☑ Trauma
- ☑ Veterans

Other Behavioral Health Services: Military Family Life Counseling Services

Donnelly, Leslie, PhD

Address 1:
212 W. Main St.,
Salisbury, MD 21801

Phone: 410-742-7160
Fax: 410-630-7389

Address 2:
5 Chestnut Way
Berlin, MD 21811

Phone: 410-742-7160
Fax: 410-630-7389

Hours of Operation:
Call to schedule appointment
Tues - Fri 9:30am - 5:30pm

Website:
Dr.LeslieDonnelly.com

Payment Type(s):
Medicaid, Self Pay, Sliding Fee Scale, Uninsured

Ages Served:
16+

Mental Health Services Provided:

- ☑ Individual Therapy

Specialty Treatments:

- ☑ Co-occuring Treatment / Dual Diagnosis
- ☑ Geriatric

Other Behavioral Health Services: CBT, client-centered therapy, hypnosis, EMDR

Eastern Shore Psychological Services, LLC

Address:
1113 Healthway Dr.
Salisbury, MD 21804

Phone: 410-334-6961

Address 2:
29520 Canvasback Dr.
Easton, MD 21601

Phone: 410-822-5007

Hours of Operation:
Please check with each site for walk in times.
Mon & Wed 8:00am – 8:00pm
Tues & Thurs 8:00am – 7:00pm
Fri 8:00am – 5:00pm

Website:
www.espsmd.com

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

Ages Served:
All ages

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Vivitrol Treatment
- ☑ Peer Support

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Forensic
- ☑ Sex Offender
- ☑ Trauma
- ☑ Veterans
- ☑ Art Therapy
- ☑ Play Therapy
- ☑ LGBTQ
- ☑ Eating Disorders

Other Behavioral Health Services: PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care

Community Behavioral Health Providers

Family Tree Therapy, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
11022 Nicholas Lane Suite 2 Ocean Pines, MD 21811	443-735-4812 **Website:** FamiltyTreeTherapyLLC.com	Call to schedule appointment Mon -Thur 11:00am - 7:00pm	BlueCross/Blueshield, Self Pay **Ages Served:** 2-19

Mental Health Services Provided:
☑ Family Therapy
☑ Individual Therapy

Specialty Treatments:
☑ Play Therapy
☑ Parent-Child Therapy

Other Behavioral Health Services: Out-patient Mental Health in Office

Focus Point Behavioral Health

Address:	Address:	Hours of Operation:	Payment Type(s):
11672 Somerset Ave Princess Anne, MD 21853 **Phone:** 410-621-5858 **Fax:** 410-621-5799	803 N. Salisbury Blvd Suite 2200 Salisbury, MD 21804 **Phone:** 443-978-7838 **Fax:** 410-621-5799	Intake by appointment and walk-in. Mon -Thur: 9:00am-7:00pm Fri 9:00am – 5:00pm Sat 9:00am -1:00pm **Website:** www.focuspointbh.com	Medicaid, Private Insurance, Self Pay, Uninsured **Ages Served:** Adolescent – Adult

Mental Health / Addictions Services Provided:
☑ Addiction IOP
☑ Addiction Outpatient
☑ Individual Therapy
☑ Medication Management
☑ PRP
☑ Suboxone Treatment
☑ Vivitrol Treatment

Specialty Treatments:
☑ Co-occurring Treatment/ Dual Diagnosis

Other Behavioral Health Services: Supportive Employment.

Garner, Doris C., PhD

Address 1:	Address 2:	Office Hours:	Payment Type(s):
8420 Follow Ditch Rd. Westover, MD 21871 **Phone:** 410-957-3105 **Fax:** 410-952-3148	10031 Old Ocean City Blvd, Berlin, MD 21811 **Phone:** 410-957-3105 **Fax:** 410-952-3148	Call to schedule appointment Mon -Thurs 9:00am - 6:30pm Fri 9:00am – 5:00pm Sat 8:00am – 12:00pm *Intake by appointment only	Medicare, Private Insurance, Self Pay **Ages Served:** 3 - 100

Mental Health Provided:
☑ Family Therapy
☑ Individual Therapy

Specialty Treatments:
☑ Eating Disorders
☑ Geriatric
☑ Co-occurring Treatment / Dual Diagnosis
☑ Lesbian/Gay, Bisexual
☑ Trauma – Veterans, PTSD

Other Behavioral Health Services: Testing for ADD and ADHD for Adults and Children

Community Behavioral Health Providers

Go-Getters, Inc.

Address 1:	Address 2:	Address 3:	Hours of Operation:	Payment Type(s):
431 E Main St. Salisbury, MD 21801 **Website:** www.lowershoreclinic.org **Live Chat via website**	7033 Worcester Hwy. Newark, MD 21841	11559 Somerset Ave. Princess Anne, MD 21853	Mon – Fri 8:00am - 4:00pm **Phone:** 410-341-3420 **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org	Medicaid **Ages Served:** 18+

Mental Health/Addictions Services Provided:		Specialty Treatments:
☑Peer Support	☑ RRP	☑ Forensic
☑ PRP	☑ Residential Crisis Beds	☑ Geriatric

Other Behavioral Health Services: Supported Employment Services

Go-Getters, Inc. – Friendship Network

Address:	Phone:	Hours of Operation:	Payment Type(s):
403 E. Main St. Salisbury, MD 21801 **Website:** www.lowershoreclinic.org	410-341-3420 **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org	Mon - Fri 8:00am - 3:00pm	Medicaid, Medicare **Ages Served:** 55+

Mental Health Services Provided:		Specialty Treatments:
☑ PRP	☑ RRP	N/A

Other Behavioral Health Services: provide a high-quality mental health rehabilitation services to people over the age of 55 living in Somerset, Wicomico, and Worcester counties. Our goals are to advocate for and encourage seniors to develop self-sufficiency, interdependence, and maximized potential while maintaining good physical and mental health.

Go-Getters, Inc. – Peer Connections

Address:	Phone:	Hours of Operation:	Payment Type(s):
108 W. Lehigh Ave Salisbury, MD 21801 **Website:** www.lowershoreclinic.org **Live Chat via website**	410-341-3420	Referral Program 8:00am - 4:00pm **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org	Medicaid, Medicare **Ages Served:** 18+

Mental Health/ Addiction Services Provided:	Specialty Treatments:
☑ Peer Support ☑ PRP ☑ Residential Treatment Center	☑ Co-occurring Treatment/ Dual Diagnosis

Other Behavioral Health Services: A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success.

Community Behavioral Health Providers

Go-Getters, Inc. –Transitional Aged Youth (Wulff PAK)

Address:	Phone:	Hours of Operation:	Payment Type(s):
108 W. Lehigh Ave. Salisbury, MD 21801 **Website:** www.lowershoreclinic.org **Live Chat via website**	410-341-3420 **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org	Mon - Fri 8:00am -4:00pm	Medicaid, Uninsured **Ages Served:** 18-29

Mental Health Services Provided:

☑ Medication Management ☑ RRP
☑ Peer Support ☑ PRP

Specialty Treatments:

☑ Anger Management Groups
☑ Co-occuring Treatment / Dual Diagnosis

Other Behavioral Health Services: A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success.

Hands of Hope Counseling Services, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
111 W. Main St., Ste E Salisbury, MD 21801	443-944-0794	Appointments required Mon – Fri 9:00am – 7:00pm Sat 9:00am – 1:00pm	Medicaid, Medicare, Private Insurance, Self-Pay **Ages Served:** 6-99

Mental Health Services Provided:

☑ Family Therapy ☑ Telehealth Services
☑ Individual Therapy
☑ Group Therapy

Specialty Treatments:

☑ Anger Management Groups
☑ Veterans

Other Behavioral Health Services:

Harkhani, J. S., MD

Address:	Phone:	Hours of Operation:	Payment Type(s):
1300 S. Division St., #A Salisbury, MD 21804	410-219-3488 **Fax:** 410-219-5900	Call to schedule appointment Mon - Fri 1:00pm-4:00pm	Medicare, Private Insurance **Ages Served:** 18+

Mental Health Services Provided:

☑ Ability to Prescribe Medication (except ADHD)
☑ Medication Management
☑ Psychiatric Evaluations

Specialty Treatments:

Other Behavioral Health Services:

Community Behavioral Health Providers

Harmony Counseling Services, LLC

Address:	**Phone:**	**Hours of Operation:**	**Payment Type(s):**
1201 Pemberton Dr, Suite 1D Salisbury, MD 21801 **Website:** Harmonycounselingsby.com	410-632-6688	Mon - Fri Call or email to schedule appointment **Email:** hoffman@harmonycounselingsby.com	Medicaid, Private Insurance, Self-Pay **Ages Served:** 18 - 100

Mental Health Services Provided:	**Specialty Treatments:**
☑ Individual Therapy ☑ Telehealth Services	☑ BIPOC Ally ☑ LGBTQIA+ Ally

Other Behavioral Health Services: Anxiety, Depression, Job/Work Stress, Life Transitions, Women's Issues

Hudson Health Services

Address:	**Phone:**	**Hours of Operation:**	**Payment Type(s):**
1505 Emerson Ave Salisbury, MD 21801 **Website:** www.Hudson-Health.org	410-219-9000 **Fax:** 410-742-7048 **Interpreter Services:** Interpreter on site (Spanish) Interpreter services	Walk-in assessment hours Mon - Fri 8:00am – 2:00pm Appointments taken 24/7	Medicaid, Private Insurance, Self-Pay, Sliding Fee Scale **Ages Served:** 18 – End of Life

Mental Health/Addictions Services Provided:		**Specialty Treatments:**
☑ Ability to Prescribe Medication	☑ PHP	☑ Anger Management Groups
☑ Addiction IOP	☑ Psychiatric Evaluations	☑ Art Therapy
☑ Addiction Transitional Housing	☑ Residedntial Treatment Center	☑ Co-occurring Treatment/ Dual Diagnosis
☑ Detox	☑ Vivitrol Treatment	☑ Harm Reduction
☑ Group Therapy		☑ Music Therapy
☑ Individual Therapy		☑ Pet and Equine Therapy
☑ Medication Management		
☑ Peer Support		

Other Behavioral Health Services: Hudson Health Services' Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.

Community Behavioral Health Providers

Island Care Mental Health			
Address: 11022 Nicholas Lane., Unit 2 Suite 1 Berlin, MD 21811	**Phone:** 410-641-5190	**Hours of Operation:** Call to schedule appointment	**Payment Type(s):** Medicaid, Medicare, Private Insurance **Ages Served:** 5+

Mental Health Services Provided:		Specialty Treatments:	
☑ Ability to Prescribe Medication	☑ Medication Management	☑ Anger Management Groups	☑ Play Therapy
☑ Family Therapy	☑ Family Therapy	☑ Co-occuring Treatment/Dual Diagnosis	☑ First Responders
☑ Individual Therapy			☑Geriatric Psychiatry
			☑ LGBTQ
			☑ PTSD Trauma

Other Behavioral Health Services: Dementia, Case Management for dementia, treatment for disorders including: Bi-Polar, Depression, Anxiety, Panic Disorder, Chronic Mental Illness including Chronic Pain, ADHA, Mood Dis-regulation, and other mental health disorders.

J. David Collins and Associates, LLC				
Address 1: 540 Riverside Dr., Suite 8, Salisbury, MD 21801 **Phone:** 410-548-3333	**Address 2:** 828 Airpax Rd., Building B Suite 300 Cambridge, MD 21613 **Phone:** 410-548-3333	**Address 3:** 30256 Mt. Vernon Road Unit H Princess Anne, MD 21853 **Phone:** 410-548-3333	**Hours of Operation:** Appointments and walk-ins for intake Mon - Fri 9:00am - 5:00pm Please bring ID and Insurance Card **Website/Email:** www.jdavidcollins.com	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 6+ Mental Health 18+ Substance Abuse

Mental Health/Addictions Services Provided:		Specialty Treatments:
☑ Ability to Prescribe Medication	☑ Medication Management	☑ Geriatric
☑ Addiction IOP	☑ Telepsyhciatry	☑ Co-occurring Treatment/ Dual Diagnosis
☑ Addiction Outpatient	☑ Suboxone Treatment	☑ Anger Management Groups
☑ Family Therapy	☑ Vivitrol Treatment	☑ LGBTQ
☑ Group Therapy		☑ Trauma Informed Therapy
☑ Individual Therapy		

Other Behavioral Health Services:

Community Behavioral Health Providers

Lead4Life, Inc

Address:	Phone:	Hours of Operation:	Payment Type(s):
225 N. Division St Salisbury, MD 21801 **Website:** www.lead4lifeinc.org	443-978-7864 **Language Services:** Bilingual Staff (Spanish) Interpreter Services (Haitian Creole, Spanish) Language Line	Mon – Thurs - 8:00am – 5:00pm Fri 8:00am – 3:00 pm Sat 9:00am – 12:00pm Intakes by appointment only Please call to schedule	Medicaid, Self Pay, Grants **Ages Served:** 5 - 65

Mental Health Services Provided:

☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ PRP
☑ Housing Support
☑ Telehealth Services

Specialty Treatments:

☑ Anger Management Groups
☑ Art Therapy
☑ Co-occurring Treatment/ Dual Diagnosis
☑ Trauma

Other Behavioral Health Services: Trauma – cognitive behavioral, exposure, psychotherapy. Mind-Body medicine approach. Education alternatives and workforce developments.

Life Crisis Center, Inc

Address:	Phone:	Business Office Hours	Payment Type(s):
P.O. Box 387 Salisbury, MD 21803 **Language:** F/F Services offered in English and Spanish. Crisis lines utilize the Language Line.	410-749-4357 or 211 (Crisis Line – 24/7) **Domestic Violence Shelter (24/7)** Available upon screening and approval. Please call number above for screening	9:00AM – 5:00PM Counseling services for victims of child abuse, adults molested as children, child witnesses of domestic violence, sexual assault and intimate partner violence are upon appointment only at 410-749-4357. Legal services include 24/7 advocacy and legal representation for victims of intimate partner violence if determined to be eligible.	Free Counseling Services **Ages Served:** All ages

Mental Health Services Provided:

☑ Family Therapy
☑ Individual Therapy
☑ Group Therapy

Specialty Treatments:

☑ Anger Management Groups
☑ Art Therapy
☑ Play Therapy
☑ Trauma – EMDR, ITR for Child Abuse (Physical & Sexual), Child witnesses to Domestic violence, Adults molested as children, sexual assault, intimate partner violence.

Other Behavioral Health Services: Transitional Housing**,** Victims of DV and Sexual Assault/Rape, Abuser's Intervention Program for domestic violence offenders, Community Training and Outreach, Lower Shore Visitation Center.

Community Behavioral Health Providers

Life's Energy Wellness Center Inc.

Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 **Phone:** (800) 867-2395 **Address 2:** 514 Poplar St. Cambridge, MD 21613 **Phone:** (800) 867-2395	**Address 3:** 8737 Brooks Dr. Easton, MD 21601 **Phone:** (800) 867-2395	**Language Services:** Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) Language Line	**Hours of Operation:** Open Access Walk-In Mon – Fri 10:00am - 2:00pm, Online Telehealth Assessments Mon – Fri 10:00am - 2:00pm Patient should bring if available ID, Insurance Card, Social Security Card	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** All ages **Website/Email:** www.lewcinc.org

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction Outpatient
- ☑ Addiction Transitional Housing
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Psychiatric Evaluations
- ☑ Mental Health IOP
- ☑ Telehealth Services
- ☑ Medication Management
- ☑ Peer Support
- ☑ PRP
- ☑ Sublocade
- ☑ Suboxone
- ☑ Subutex
- ☑ Vivitrol

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Art Therapy
- ☑ Music Therapy
- ☑ Play Therapy
- ☑ LGBTQ+
- ☑ Eating Disorders
- ☑ Sex Offender
- ☑ Forensic
- ☑ Trauma Informend and Trauma Responsive Treatment
- ☑ Gambling Treatment
- ☑ Harm Reduction Services

Other Behavioral Health Services: DUI Education, early intervention and prevention. Trauma – Gender specific trauma treatment and trauma support groups. LGBTQ+ specific therapy and support groups

LifeMark Inc.

Address: 116 W. Main St., Suite 204 Salisbury, MD 21801 **Website/Email:** www.lifemark.pro	**Phone:** 443-859-8584 **Fax:** 443-859-8496	**Hours of Operation:** By Appointment Only	**Payment Type(s):** Medicaid, Private Insurance, Self-Pay **Ages Served:** 3 - 99

Mental Health/ Addiction Services Provided:

- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Telehealth Services

Specialty Treatments:

Other Behavioral Health Services:

Community Behavioral Health Providers

Lighthouse Counseling & Consulting Services

Address:	Phone:	Hours of Operation:	Payment Type(s):
1504 Market St. Pocomoke City, MD 21851 PO Box 281, Pocomoke City, MD 21851	410-957-4200 **Fax:** 410-957-6842	Mon -Thurs 11:00am - 8:00pm Weekends available by appointment only	Medicaid, Private Insurance, Self-Pay, Sliding Fee Scale.

Mental Health Services Provided:
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

Specialty Treatments:
- ☑ Sex Offender
- ☑ Certified Clinical Trauma Professional

Other Behavioral Health Services: Couples therapy specializes in cognitive behavioral therapy for depression and anxiety. Trauma response, mediation, and distance counseling services are available.

Lighthouse Counseling Christian Ministry

Address 1:	Address 2:	Hours of Operation:	Payment Type(s):
10026 Main St. Bldg 1 Berlin, MD 21811 **Phone:** 410-973-2211	120 B Arlington Rd Salisbury, MD 21801 **Phone:** 410-973-2211	Mon - Fri 8:00am - 8:00pm Appointment Only **Website:** www.lighthousecounselingcm.com	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 4+

Mental Health/Addictions Services Provided:
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Mental Health IOP

Specialty Treatments:
- ☑ Anger Management Groups
- ☑ Eating Disorders
- ☑ LGBTQ
- ☑ Play Therapy
- ☑ Veterans

Other Behavioral Health Services: Youth and Adolescent Counseling, Addictions Counseling (substance use, gambling, sex, etc.) Marriage/Couples Counseling

Lower Shore Clinic Assertive Community Treatment (ACT) Team

Address:	Phone:	Language Services:	Payment Type(s):
431 E. Main St Salisbury, MD 21801 **Website/Email:** www.lowershoreclinic.org **Live chat via website**	410-341-3420 **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org	Language Line	Medicaid, Medicare, Uninsured **Ages Served:** 18+

Mental Health Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Mobile Treatment/ACT
- ☑ Peer Support
- ☑ SEP/MHVP

Specialty Treatments:
- ☑ Co-occurring Treatment/Dual Diagnosis

Other Behavioral Health Services:

Community Behavioral Health Providers

Lower Shore Clinic, Inc.

Address:	Phone:	Hours of Operation:	Payment Type(s):
505 E Main St. Salisbury, MD 21804 **Website/Email:** www.lowershoreclinic.org **Live chat via website**	410-341-3420 **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org **Language Services:** Language Line ASL Interpreter	Intake by walk-in, Mon-Thurs 12:00 pm Please bring photo identification, insurance information, and secondary identification	Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Self Pay, Uninsured **Ages Served:** 18+

Mental Health Services Provided:

- ☑ Ability to Perscribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Vivitrol Treatment
- ☑ Mobile Treatment / ACT

Specialty Treatments:

- ☑ Co-occuring Treatment / Dual Diagnosis
- ☑ Gambling Treatment
- ☑ Geriatric
- ☑ Harm Reduction
- ☑ Trauma – Please see below

Other Behavioral Health Services: Provides EMDR, CPT and Neuro-feedback services.

Maple Shade Youth & Family Services, LLC

Address 1:	Address 2:	Address 3:	Hours of Operation:	Payment Type:
23704 Ocean Gateway Mardela Springs, MD 21837 **Phone:** 410-726-4910 **Fax:**410-677-0303	11760 Somerset Ave, Princess Anne, MD 21853 **Phone:**410-621-5177 **Fax:**410-621-5050	382 West Main St., Crisfield, MD 21817 **Phone:**410-968-3547 **Fax:**410-968-1078	Mon – Fri 9:00am – 5:00pm Intake by appointment only **Website:** www.maple-shade.org	Medicaid **Ages Served:** 5-17

Mental Health Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Respite*
- ☑ Telepsychiatry

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Play Therapy

Other Behavioral Health Services: *Day Respite, Overnight Respite, School based therapy

Community Behavioral Health Providers

MATClinics

Address:
659 S Salisbury Blvd, Suite 4
Salisbury, MD 21801

Website:
www.MATClinics.com

Phone:
410-220-0720

Language Services:
Bilingual Staff
(Spanish)

Hours of Operation:
Tues 2:00pm - 7:00pm
Thurs & Sat: 9:00am - 3:00pm

Intake by appointment

Payment Type(s):
Medicaid, Private Insurance, Self-Pay

Ages Served:
18+

Meltal Health Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Campril Treatment
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Mental Health IOP
- ☑ Medication Management
- ☑ Methadone Treatment
- ☑ Psychiatric Evaluations
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Sublocade Treatment
- ☑ Telepsychiatry
- ☑ Vivitrol Treatment
- ☑ Zubsolv Treatment

Specialty Treatments:

- ☑ Co-occurring Treatment / Dual Diagnosis
- ☑ Harm Reduction Services

Other Behavioral Health Services:

Mosaic Counseling & Wellness, LLC

Address:
207 W Main St
Suite #2
Salisbury, MD 21801

Website:
Mosaiccounselingandwellness.com

Phone:
443-614-2348

Language Services:
English

Hours of Operation:
Mon 8:00am - 6:00pm
Tues 8:00am - 2:00pm
Wed 9:00am - 7:00pm
Thurs 11:00am - 8:00pm

Intake by appointment.
Call (443) 614-2348

Payment Type(s):
Medicaid, Private Insurance, Self-Pay

Ages Served:
5+

Meltal Health Services Provided:

- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

Specialty Treatments:

- ☑ Play Therapy

Other Behavioral Health Services:

Community Behavioral Health Providers

Open Arms & Hearts Health Services, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
1532 Ocean Highway, Suite 102 Pocomoke City, MD 21851 **Website:** Openarmshearts.com	443-437-7128 **Language Services:** Interpreter Services (ASL) Bilingual Staff (Spanish)	Mon – Thurs 5:00am – 11:00am Fri 5:00am – 10:00am Sat 6:00am – 9:00am **Intakes:** Mon, Tues, Wed 5:00am – 7:00am Thurs 5:00am – 9:30am	Medicaid, Medicare, Self-Pay, Uninsured **Ages Served:** 18+

Mental Health / Substance Abuse Services Provided:		Specialty Treatments:	
☑ Ability to Prescribe Medication ☑ Addiction IOP ☑ Addiction Outpatient ☑ Group Therapy ☑ Individual Therapy	☑ Medication Management ☑ Telepsyhciatry ☑ Methadone Treatment ☑ Subutex Treatment ☑ Suboxone Treatment ☑ Vivitrol Treatment	☑ Anger Management Groups ☑ Co-occurrig / Dual Diagnosis ☑ Gambling ☑ Harm Reduction ☑ LGBTQ ☑ Veterans	

Other Behavioral Health Services:

Peninsula Mental Health Services and Peninsula Addictions Services

Address:	Phone:	Hours of Operation:	Payment Type(s):
102 West Market St. Salisbury, MD 21801	410-860-2673 **Fax:** 410-860-0450	Mon – Fri 8:00am – 8:00pm Intakes can be scheduled or walk-in; patients should bring identification and insurance card or proof of applying for health insurance	Medicaid, Private Insurance, Self Pay, Uninsured **Ages Served:** 18 +

Mental Health/Addictions Services Provided:		Specialty Treatments:
☑ Ability to Prescribe Medication ☑ Addiction IOP ☑ Addiction Outpatient ☑ Group Therapy ☑ Individual Therapy ☑ Family Therapy	☑ Medication Management ☑ Outpatient Mental Health ☑ Suboxone Treatment ☑ Vivitrol Treatment ☑ Subutex Treatment ☑ Telehealth Services	☑ Co-occurring Treatment/Dual Diagnosis ☑ First Responders ☑ Forensic ☑ LGBTQ ☑ Trauma - Veterans

Other Behavioral Health Services:

Community Behavioral Health Providers

Perdue Art Therapy & Counseling

Address:	Phone:	Hours of Operation:	Payment Type(s):
1147 S. Salisbury Blvd. Ste 8 #381 Salisbury, MD 21801 **Website:** www.perduearttherapy.com	443-735-4114 **Fax:** 443-440-5640	Intakes by appointment only	Self-Pay **Ages Served:** 20-99

Mental Health Services Provided:	Specialty Treatments:
☑ Individual Therapy ☑ Telehealth Services	☑ Art Therapy ☑ Early onset Alzheimer/Dementia

Other Behavioral Health Services: Dementia, family/caregiver support, support groups, creative aging consulting

ReEnvision Counseling & Reiki Healing, LLC

Address:	Phone:	Hours of Operation:	Payment Type(s):
313 West London Ave Salisbury, MD 21801 **Website:** www.reenvisioncounseling.com	410-618-1990 **Language Services:** N/A	Tues - Fri 9:00am-5:00pm Intakes by appointment only	Medicaid, Private Insurance, Self-Pay, **Ages Served:** 18 - 64

Mental Health / Substance Abuse Services Provided:	Specialty Treatments:
☑ Individual Therapy ☑ Telehealth Services	☑ Co-occurring Treament / Dual Diagnosis ☑ LGBTQ ☑ Trauma (Sexual Trauma)

Other Behavioral Health Services: Depression, Anxiety

Reeves, Talmadge C, MD

Address:	Phone:	Hours of Operation:	Payment Type(s):
233 West Main St. Salisbury, MD 21801	410-749-0124 **Fax:** 410-546-4872	Call to schedule appointment Mon, Thurs, Fri 9:00am - 5:00pm	Self Pay (No credit cards) **Ages Served:** 18+

Mental Health Services Provided:	Specialty Treatments:
☑ Ability to Prescribe Medication ☑ Individual Therapy ☑ Psychiatric Evaluations	☑ Eating Disorders ☑ Geriatric ☑ LGBTQ ☑ Trauma - PTSD

Other Behavioral Health Services:

Community Behavioral Health Providers

Safe Harbour Addiction Counseling

Address:	Phone:	Hours of Operation:	Payment Type(s):
11022 Nicholas Lane Ocean Pines South Unit #2 Berlin, MD 21811 **Website:** safeharbouraddictioncounseling.com	443-365-0699 **Language Services:** N/A	Mon - Fri Intakes and Counseling by appointment	Self-Pay **Ages Served:** 18+

Substance Abuse Services Provided:	Specialty Treatments:
☑ Individual Therapy ☑ Group Therapy ☑ Addiction Outpatient	

Other Behavioral Health Services: Transfers, Referrals, Phone Consult

Seaside Counseling & Wellness Center

Address:	Phone:	Hours of Operation:	Payment Type(s):
314 Franklin Ave, Suite 306 Berlin, MD 21811	410-973-2525 **Fax:** 410-973-2527	Intakes by appointment only. Hours of operation vary by practitioner.. **Website:** www.seasidecounselingandwellness.com	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale **Ages Served:** 4+

Mental Health/Addictions Services Provided:	Specialty Treatments:
☑ Family Therapy ☑ Individual Therapy ☑ Telehealth Services	

Other Behavioral Health Services:

Second Wind, Inc. (Men Only)

Address:	Phone:	Hours of Operation:	Payment Type(s):
309 Newton St. Salisbury, MD 21801 **Website/Email:** www.secondwindinc.net	410-749-8038 **Fax:** 410-749-8040	Intake by appointment based on bed availability. Office hours: 10:00am – 4:00pm	Medicaid, Self Pay **Ages Served:** 18+

Addictions Services Provided:		Specialty Treatments:
☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy	☑ Peer Support ☑ Level III.1 Halfway Housing	☑ Anger Management Groups ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Gambling ☑ Harm Reduction

Other Behavioral Health Services: Support for addiction recovery and returning to society.

Community Behavioral Health Providers

Somerset County Health Department

Address:
8928 Sign Post Rd.
Suite 2
Westover, MD 21871

Phone:
443-523-1722

Hours of Operation:
Mon - Fri 8:00am - 4:30pm

Languate Services:

Website:
www.somersethealth.org

Payment Type(s):
Uninsured

Ages Served:
0

Addictions Services Provided:
☑ Peer Support

Specialty Treatments:
N/A

Other Behavioral Health Services:

Somerset County Wellness and Recovery Center

Address:
11674 Somerset Ave,
Princess Anne, MD 21853

Website:
www.somersethealth.org

Phone:
410-621-5739

Fax:
410-621-5426

Hours of Operation:
Mon - Fri
8:00am - 4:30pm

Language Services:
Interpreter Services

Payment Type(s):
Uninsured

Ages Served:
18+

Addictions Services Provided:
☑ Peer Support
☑ Group Support Meetings
☑ State Care Coordination Services
☑ Re-Entry Services
☑ Telehealth Services

Specialty Treatments:
☑ Anger Management Groups
☑ Veterans

Other Behavioral Health Services: Smoking cessation and re-entry services

Stange, Carol, LCSW

Address:
106 Circle Ave.
Salisbury, MD 21801

Phone:
410-430-0727

Hours of Operation:
Call to schedule appointment
Tues, Thurs, and Fri
1:00pm – 8:00pm

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay

Ages Served:
18+

Mental Health Services Provided:
☑ Family Therapy
☑ Individual Therapy

Specialty Treatments:

Other Behavioral Health Services:

Community Behavioral Health Providers

The Personal Wellness Center

Address: 6508 Deer Pointe Dr Suite 4C Salisbury, MD 21804 **Website/Email:** www.thepersonalwellnesscenter.com	**Phone:** 410-742-6016 **Fax:** 410-742-6014 **Language Services:** Spanish – Bilingual Staff onsite	**Hours of Operation:** Call to schedule appointment Mon - Thurs 8:00am - 7:00pm Fri 8:00am - 5:00pm	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Unisured **Ages Served:** 5+

Mental Health Services Provided:

☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ PRP
☑ Telehealth Services

Specialty Treatments:

☑ Eating Disorders
☑ Geriatric
☑ Play Therapy
☑ Trauma

Other Behavioral Health Services: Certified Clinical Trauma Professional. Cognitive Behavioral Therapy, Dialectic Behavior Therapy and Motivational Interviewing.

TidalHealth McCready Outpatient Behavioral Health Clinic

Address: 201 Hall Highway Crisfield, MD 21817 **Website/Email:** www.tidalhealth.org	**Phone:** 410-968-1801 -Ext. 3 **Fax:** 410-968-9380	**Hours of Operation:** Mon - Fri 8:00pm - 5pm Please call to schedule an appointment **Language Services:** Language Line	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Uninsured **Ages Served:** 18+

Mental Health and Addiction Services Provided:

☑ Ability to Prescribe Medication
☑ Addiction IOP
☑ Addiction Outpatient
☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Medication Management
☑ Peer Support
☑ Psychiatric Evaluations
☑ Telepsychiatry

Specialty Treatments:

☑ Art Therapy
☑ Co-occurring Treatment / Dual DIagnosis
☑ Eating Disorders
☑ Gambling
☑ Geriatric
☑ LGBTQ
☑Music Therapy
☑ Play Therapy
☑ Trauma

Other Behavioral Health Services: Trauma-Focused Cognitive Behavioral Therapy, Trauma-Informed Care Approach

Community Behavioral Health Providers

TidalHealth Peninsula Regional Adult Inpatient Acute Unit			
Address: 100 E. Carroll St. Salisbury, MD 21801 **Website/Email:** www.tidalhealth.org	**Phone:** 410-543-7162 **Fax:** 410-543-7165	**Language Services:** Language Line **Hours of Operation:** 24/7	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Uninsured **Ages Served:** 18+
Mental Health/Addictions Services Provided: ☑ Ability to Prescribe Medication ☑ Addiction Inpatient ☑ Family Therapy ☑ Individual Therapy ☑ Group Therapy ☑ Medication Management ☑ Psychiatric Acute Inpatient ☑ Psychiatric Evaluations			**Specialty Treatments** ☑ Music Therapy
Other Behavioral Health Services: Trauma-Informed Care Approach			

TidalHealth Peninsula Regional Partial Hospitalization Program			
Address: 100 E. Carroll St. Salisbury, MD 21801 **Website/Email:** www.tidalhealth.org	**Phone:** 410-543-4738 **Language Services:** Language Line	**Hours of Operation:** Mon - Fri 8:30am – 3:00pm Self-Referral: Please call: 410-543-4738 If linked with a provider have them fax clinical information directly to: 410-543-4738	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Uninsured **Ages Served:** 18+
Mental Health and Addiction Services Provided: ☑ Ability to Prescribe Medication ☑ Group Therapy ☑ Medication Management ☑ PHP ☑ Telepsychiatry	**Specialty Treatments:** ☑ Anger Management Groups ☑ Art Therapy ☑ Anger Management Groups ☑ Eating Disorders ☑ Geriatric ☑ LGBTQ ☑Music Therapy ☑ Play Therapy ☑ Trauma		
Other Behavioral Health Services: Recreational Therapy, DBT, Mindfulness, CBT, Trauma-Focused Cognitive Behavioral Therapy, Trauma-Informed Care Approach			

Community Behavioral Health Providers

TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic

Address 1:	Address 2:	Address 3:	Payment Type:
100 E. Carroll St. Salisbury, MD 21801 **Phone:**410-543-7119 **Fax:**410-677-6675 **Hours of Operation:** Mon – Fri 7:30am to 6:00pm Please call to make an appointment. No Intake required	Woodbrook Primary Care-Behavioral Health Services 1639 Woodbrook Dr. Salisbury, MD 21801 **Phone:**410-912-5785 **Hours of Operation:** Mon - Fri 8:00am - 4:30pm.	Ocean Pines Primary Care Behavioral Health Services **Phone:**410-912-6104 **Hours of Operation:** Friday's Only 8:00am - 4:30pm.	Medicaid, Medicare, Self Pay **Ages Served:** 5+ **Language Services:** Language Line **Website:** www.tidalhealth.org

Mental Health Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Transcranial Magnetic Stimulation (TMS)
- ☑ Medication Management
- ☑ Vivitrol Treatment
- ☑ Medication Management
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry

Specialty Treatments:

- ☑ Play Therapy
- ☑ Eating Disorders
- ☑ Gambling
- ☑ Geriatric
- ☑ LGBTQ
- ☑ Sand Tray Therapy
- ☑ Trauma

Other Behavioral Health Services: Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Trauma-Informed care approach

White Flint Recovery, Eastern Shore, Inc.

Address 1:	Address 2:	Phone:	Language Services:	Payment Type(s):
130 E. Main St. Salisbury, MD 21801 **Hours of Operation:** Mon-Fri 10:00am-6:00pm	11089 Ocean Gateway, Unit 2 Berlin, MD 21811 **Hours of Operation:** Mon - Thurs 9:00am - 8:00pm Sat 8:00am - 2:00pm	410-749-6422 **Fax:** 410-749-7861	Spanish	Medicaid, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 16+

Addictions Services Provided:

- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Vivitrol Treatment

Specialty Treatments:

N/A

Other Behavioral Health Services:

Community Behavioral Health Providers

Wicomico County Health Department - Behavioral Health

Address:
108 E. Main St.
Salisbury, MD 21801

Website/Email:
www.wicomicohealth.org

Phone:
Addictions:
410-742-3784

Mental Health:
410-334-3497

Language Services:
Language Line

Interpreter on site:
ASL, Haitian Creole and Spanish

Hours of Operation:
Addictions:
Mon, Wed, Thurs 8:00am – 8:00pm
Tues, Fri 8:00pm – 5:00pm

Mental Health:
Mon, Wed 8:00am – 8:00pm
Tues, Thurs, Fri 8:00am – 5:00pm
*Intakes are scheduled via phone or walk-in.

Language Services:
Language Line
Interpreter Services:

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Uninsured

Ages Served:
Addictions:
12-adulthood

Mental Health:
4-17

Co-occurring Program:
18 +

Mental Health/Addictions Services Provided:

☑ Ability to Prescribe Medication
☑ Addiction IOP
☑ Addiction Outpatient
☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Medication Management
☑ Methadone Treatment
☑ Suboxone Treatment
☑ Telehealth Services
☑ Vivitrol Treatment

Specialty Treatments:

☑ Co-occurring Treatment/Dual Diagnosis
☑ Forensics
☑ Harm Reduction

Other Behavioral Health Services:

Wicomico County Health Department - PRP

Address:
Physical
801 N. Salisbury Blvd
Salisbury, MD 21801

Mailing:
108 E Main St
Salisbury, MD 21801

Phone:
410-543-6790

Language Services:
Language Line

Hours of Operation:
Mon – Fri 8:00am – 5:00pm

Intakes and Counseling by appointment

Website:
www.wicomicohealth.org/case-management/psychiatric-rehabilitation-program-prp/

Payment Type(s):
Medicaid

Ages Served:
All Ages

Meltal Health / Addictions Services Provided:

☑ PRP

Specialty Treatments:
N/A

Other Behavioral Health Services: Home and Community Visits, Individual Rehabilitation Planning, Case Management, Health Promotion, On-Site Services, Educational, Social and Support Groups, 24 Hour on Call Availability

Community Behavioral Health Providers

Wicomico County Health Department – Targeted Case Management

Address:	Phone:	Hours of Operation:	Payment Type(s):
Physical: 801 N. Salisbury Blvd Suite 102 Salisbury, MD 21801 **Mailing:** 108 E Main St Salisbury, MD 21801 **Website:** www.wicomicohealth.org	410-543-6790 **Language Services:** Language Line Interpreter on site: ASL, Haitian Creole and Spanish	Mon – Fri 8:00am – 5:00pm	Medicaid, Uninsured **Ages Served:** 18+

Meltal Health / Addictions Services Provided:

- ☑ Peer Support
- ☑ TCM for Adults
- ☑ Telehealth Services

Specialty Treatments:

- ☑ Harm Reduction
- ☑ Case Management to Specific Popluations

Other Behavioral Health Services:

Worcester Addiction Cooperative Services (W.A.C.S)

Address:	Phone:	Hours of Operation:	Payment Type(s):
11827 Ocean Gateway Ocean City MD 21842 **Website/Email:** www.worcesterhealth.org	410-213-0202 **Language Services:** Language Line	Mon-Thurs 8:00am - 6:30pm Fri 8:00am - 4:30pm	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 18+

Mental Health/Addictions Services Provided:

- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Adolescent Addiction
- ☑ Group Therapy
- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Peer Support
- ☑ Telepsychiatry
- ☑ Ability to Prescribe Medication
- ☑ Suboxone Treatment
- ☑ Vivitrol Treatment
- ☑ Medication Management
- ☑ Psychiatric Evaluations

Specialty Treatments:

- ☑ Co-occurring Treatment/Dual Diagnosis

Other Behavioral Health Services:

Community Behavioral Health Providers

Worcester County Health Department

Address 1:	Address 2:	Address 3:	Hours of Operation:	Payment Type(s):
6040 Public Landing Rd. Snow Hill, MD 21863 **Phone:** 410-632-1100 **Fax:** 410-632-0906	9730 Healthway Dr. Berlin, MD 21811 **Phone:** 410-629-0164 **Fax:** 410-629-0185	400-A Walnut St. Pocomoke, MD 21851 **Phone:** 410-957-2005 **Fax:** 410-957-2417	Mon-Fri 8:00am – 5:00pm **Language Services:** Language Line	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale **Ages Served:** All ages **Website/Email:** www.worcesterhealth.org

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Adolescent Addiction
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Peer Support
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Eating Disorders
- ☑ First Responders
- ☑ Gambling
- ☑ Harm Reduction
- ☑ LGBTQ
- ☑ Music Therapy
- ☑ Play Therapy
- ☑ School Based Therapy
- ☑ Trauma (TF -CBT)
- ☑ Veterans

Other Behavioral Health Services: Early intervention for young children, State Care Coordination, Targeted Case Management for Adults, Crisis Response Team, Safe Stations, jail based addicition services, jail based case management/re-entry services.

Worcester Youth & Family Counseling Services, Inc

Address:	Phone:	Hours of Operation:	Payment Type(s):
124 North Main St. Suite C Berlin, MD 21811 **Website/Email:** www.gowoyo.org	410-641-4598 **Fax:** 410-641-4696	Mon - Thurs 8:30am – 7:00pm Fri 9:00am -1:00pm	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** 4+

Mental Health Services Provided:

- ☑ Family Therapy
- ☑ Individual Therapy
- ☑ Group Therapy
- ☑ Telehealth Services

Specialty Treatments:

- ☑ Co-Occurring Treatment / Dual Diagnosis
- ☑ Eating Disorders
- ☑ LGBTQ
- ☑ Trauma

Other Behavioral Health Services: Individual therapy for victims of crime, EMDR, Animal Assisted Therapy

Community Behavioral Health Providers

Wraparound Maryland

Address:	Phone:	Hours of Operation:	Payment Type(s):
1118 East Main Street Salisbury, MD 21804	410-219-5070	Mon - Fri 8:00am – 5:00pm	Medicaid, Uninsured
Website/Email: www.wraparoundmd.com info@wraparoundmd.com	**Fax:** 410-219-5072	**Language Services:** Language Line	**Ages Served:** 4+

Mental Health and Addiction Services Provided:

☑ CCO/1915i TCM for Youth
☑ TCM for Adults
☑ Telehealth Services

Specialty Treatments:

☑ LGBTQ – Safe Spaces, LGBTQ Informed

Other Behavioral Health Services: Provides mental health case management to children and youth in Somerset, Wicomico and Worcester Counties. TCM Plus without Medicaid. Provides adult targeted case management services in Somerset County.

Youth Care Center Incorporated

Address 1:	Address 2:	Hours of Operation:	Payment Type:
200 Main St., Ste B Salisbury, MD 21801	307 Timmons Street, Snow Hill, MD 21863	Mon – Fri 10:00am - 6:00pm.	Medicaid, Self Pay, Sliding Fee Scale
Phone:443-914-2922	**Phone:**443-914-2922	**Language Services:** Language Line	**Ages Served:** 5-100
			Website: Youth-care.org

Mental Health Services Provided:

☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Medication Management
☑ PRP
☑ Psychiatric Evaluations
☑ Telehealth Services

Specialty Treatments:

☑ Anger Management Groups
☑ Veterans

Other Behavioral Health Services: Equine Rehabilitation

Regional Behavioral Health Providers

Avenues Recovery Center at Eastern Shore

Address:	**Phone:**	**Hours of Operation:**	**Payment Type(s):**
821 Fieldcrest Road Cambridge, MD 21613	410-673-4600	To set up an appointment with an intake coordinator please email: admissionesmd@avenuesrecovery.com	Medicaid, Medicare, Private Insurance, Self Pay **Ages Served:** 18+

Mental Health / Addictions Services Provided:

- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Addiction Inpatient
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Mental Health IOP
- ☑ PHP
- ☑ Residential Tresatment Center
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Telehealth Services
- ☑ Vivitrol Treatment

Specialty Treatments

- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ LBGTQ

Other Behavioral Health Services:

Chesapeake Treatment Services

Address 1:	**Address 2:**	**Hours of Operation:**	**Payment Type(s):**
12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 **Phone:** 410-651-2204	402 Marvel Ct, Easton, MD 21601 **Phone:** 410-822-7150	Call to schedule appointment **Website:** www.chesapeaketreatmentservices.com	Medicaid, Private Insurance, Self Pay **Ages Served:** 18+

Addiction Services Provided:

- ☑ Addiction Outpatient
- ☑ Methadone Treatment
- ☑ Suboxone Treatment

Specialty Treatments:

Other Behavioral Health Services:

Regional Behavioral Health Providers

Community Behavioral Health

Address 1: 821 Eastern Shore Dr. Salisbury, MD 21804	**Address 2:** 107 East Market Street Snow Hill, MD 21863	**Hours of Operation:** Mon - Fri 8:00am - 6:00pm Online **Language Services:** Bilingual Staff (Spanish) **Phone:** 844 224-5264 **Fax:** 888 509-0010 **Website:** www.communitybehavioralhealth.net	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured **Ages Served:** 4+
Address 3: 142 Coursevall Dr., Centreville, MD 21617	**Address 4:** 426 Dorchester Ave. Cambridge, MD 21613		

Mental Health / Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Mngmt.
- ☑ Mental Health IOP
- ☑ Peer Support
- ☑ PRP
- ☑ Psychiatric Evaluation
- ☑ Respite
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ TCM for Adults
- ☑ Telepsychiatry
- ☑ Vivitrol Treatment

Specialty Treatments:

- ☑ Anger Mngmt.
- ☑ Art Therapy
- ☑ Co-occurring Treatment / Dual Diagnosis
- ☑ Eating Disorders
- ☑ Play Therapy
- ☑ Sex Offender

Other Behavioral Health Services:

Dover Behavioral Health System

Address 1: 725 Horsepond Rd. Dover, DE 19901 **Phone:** 302-747-1100	**Address 2:** 405 S. Bedford St. Suite 5 Georgetown, DE 19947 (PHP) **Phone:** 302-747-1421	**General Phone:** 855-609-9711 **Fax:** 302-588-5724 **Website/Email:** www.doverbehavioral.com	**Language Services:** Interpreter services **Hours of Operation:** Dover Office walk-in 24hrs. Georgetown Office Mon-Fri, 8am-4pm	**Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay **Ages Served:** 12+

Mental Health / Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Medication management
- ☑ PHP
- ☑ Psychiatric Acute Inpatient (Dover Only)
- ☑ Psychiatric Evaluations

Specialty Treatments

- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Music Therapy
- ☑ Telepsychiatry
- ☑ Veterans

Other Behavioral Health Services:

Regional Behavioral Health Providers

Eastern Shore Hospital Center

Address:	Hours of Operation:	Language Services:	Ages Served:
5262 Woods Rd. Cambridge, MD 21613 **Website/Email:** https://health.maryland.gov/ESHC	24/7, intakes generally by appointment **Phone:** 410-221-2300 **Fax:** 410-221-2558	Phone, written, visual, and on-site interpretation.	18+

Mental Health / Addictions Services Provided:

☑ Psychiatric Acute Inpatient

Specialty Treatments

☑ Anger Management Groups
☑ Art Therapy
☑ Co-occurring Treatment / Dual Diagnosis
☑ Trauma
☑ Forensic

Other Behavioral Health Services: Treatment in association with trauma informed care

Eastern Shore Psychological Services, LLC

Address:	Address 2:	Hours of Operation:	Payment Type(s):
1113 Healthway Dr. Salisbury, MD 21804 **Phone:** 410-334-6961 Mon & Wed 8:00am – 8:00pm Tues & Thus 8:00am – 7:00pm Friday 8:00am – 5:00pm *New clients seen Mon-Thurs arriving before 8am	29520 Canvasback Dr. Easton, MD 21601 **Phone:** 410-822-5007	Please check with each site for walk in times. **Website:** www.espsmd.com **Language Services:** Clients must bring an interpreter with them	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured **Ages Served:** All ages

Mental Health / Addictions Services Provided:

☑ Ability to Prescribe Medication
☑ Addiction IOP
☑ Addiction Outpatient
☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Medication Management
☑ PRP
☑ Psychiatric Evaluations
☑ Vivitrol Treatment
☑ Peer Support

Specialty Treatments:

☑ Anger Management Groups
☑ Co-occurring Treatment/Dual Diagnosis
☑ Forensic
☑ Sex Offender
☑ Trauma
☑ Veterans
☑ Art Therapy
☑ Play Therapy
☑ LGBTQ
☑ Eating Disorders

Other Behavioral Health Services: PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care

Regional Behavioral Health Providers

Hudson Health Services

Address:
1505 Emerson Ave
Salisbury, MD 21801

Website:
www.Hudson-Health.org

Phone:
410-219-9000

Fax:
410-742-7048

Interpreter Services:
Interpreter on site (Spanish)
Interpreter services

Hours of Operation:
Walk-in assessment hours
Mon - Fri 8:00am – 2:00pm

Appointments taken 24/7

Payment Type(s):
Medicaid, Private Insurance, Self-Pay, Sliding Fee Scale

Ages Served:
18 – End of Life

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Transitional Housing
- ☑ Detox
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Peer Support
- ☑ PHP
- ☑ Psychiatric Evaluations
- ☑ Residedntial Treatment Center
- ☑ Vivitrol Treatment

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Harm Reduction
- ☑ Music Therapy
- ☑ Pet and Equine Therapy

Other Behavioral Health Services: Hudson Health Services' Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.

J. David Collins and Associates, LLC

Address 1:
540 Riverside Dr.,
Suite 8,
Salisbury, MD 21801

Phone:
410-548-3333

Address 2:
828 Airpax Rd.,
Building B Suite 300
Cambridge, MD 21613

Phone:
410-548-3333

Address 3:
30256 Mt. Vernon Road
Unit H
Princess Anne, MD
21853

Phone:
410-548-3333

Hours of Operation:
Appointments and walk-ins for intake
Mon - Fri 9:00am - 5:00pm
Please bring ID and Insurance Card

Website/Email:
www.jdavidcollins.com

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

Ages Served:
6+ Mental Health
18+ Substance Abuse

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ Telepsyhciatry
- ☑ Suboxone Treatment
- ☑ Vivitrol Treatment

Specialty Treatments:

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Geriatric
- ☑ LGBTQ
- ☑ Trauma Informed Therapy

Other Behavioral Health Services:

Regional Behavioral Health Providers

Life's Energy Wellness Center Inc.

Address 1:
2324 West Zion Rd
Suite 112
Salisbury, MD 21801
Phone: (800) 867-2395

Address 2:
514 Poplar St.
Cambridge, MD 21613

Phone: (800) 867-2395

Address 3:
8737 Brooks Dr.
Easton, MD 21601

Phone: (800) 867-2395

Language Services:
Bilingual Staff: (Spanish, Haitian Creole)

Interpreter Services on site: (Haitian Creole, Spanish)

Language Line

Hours of Operation:
Open Access Walk-In
10:00am-2:00pm
Mon -Fri
Online Telehealth Assessments
10:00am-2:00pm
Mon-Fri

Patient should bring if available ID, Insurance Card, Social Security Card

Payment Type(s):
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

Ages Served:
All ages

Website/Email:
www.lewcinc.org

Mental Health/Addictions Services Provided:

☑ Ability to Prescribe Medication
☑ Addiction Outpatient
☑ Addiction Transitional Housing
☑ Family Therapy
☑ Group Therapy
☑ Individual Therapy
☑ Psychiatric Evaluations
☑ Mental Health IOP
☑ Telehealth Services
☑ Medication Management
☑ Peer Support
☑ PRP
☑ Sublocade Treatment
☑ Suboxone Treatment
☑ Subutex Treatment
☑ Vivitrol Treatment

Specialty Treatments:

☑ Anger Management Groups
☑ Co-occurring Treatment/ Dual Diagnosis
☑ Art Therapy
☑ Music Therapy
☑ Play Therapy
☑ LGBTQ+
☑ Eating Disorders
☑ Sex Offender
☑ Forensic
☑ Trauma Informend and Trauma Responsive Treatment
☑ Gambling Treatment
☑ Harm Reduction Services

Other Behavioral Health Services: DUI Education, early intervention and prevention. Trauma – Gender specific trauma treatment and trauma support groups. LGBTQ+ specific therapy and support groups

Lower Shore Clinic Assertive Community Treatment (ACT) Team

Address:
828 Airpax Rd
Cambridge, MD 21623

Website/Email:
www.lowershoreclinic.org
Live chat via website

Phone:
410-341-3420

Referrals:
443-859-7774 or
referrals@lowershoreclinic.org

Language Services:
Language Line

Payment Type(s):
Medicaid, Medicare, Uninsured

Ages Served:
18+

Mental Health Services Provided:

☑ Ability to Prescribe Medication
☑ Individual Therapy
☑ Medication Management
☑ Mobile Treatment/ACT
☑ Peer Support
☑ SEP/MHVP

Specialty Treatments:

☑ Co-occurring Treatment/Dual Diagnosis

Other Behavioral Health Services:

Regional Behavioral Health Providers

Rockford Center

Address:	**Phone:**	**Hours of Operation:**	**Payment Type(s):**
100 Rockford Dr. Newark, DE 19713 **Website/Email:** www.rockfordcenter.com	302-996-5480	24/7, 365 days a year **Language Services:** Other languages upon request	Medicaid, Medicare, Private Insurance, Self Pay **Ages Served:** 4+

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Detox
- ☑ Group Therapy
- ☑ Medication Management
- ☑ PHP
- ☑ Psychiatric Acute Inpatient
- ☑ Psychiatric Evaluations

Specialty Treatments

- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Geriatric
- ☑ Music Therapy
- ☑ Veterans

Other Behavioral Health Services:

Sun Behavioral Health

Address:	**Phone:**	**Hours of Operation:**	**Payment Type(s):**
21655 Biden Ave Georgetown, DE 19947 **Website:** Sundelaware.com	302-604-5600 **Language Services:** Language Line	Appointments and Walk-in 24/7	Medicare, Medicaid, Private Insurance, Self-Pay **Ages Served:** 12+

Meltal Health / Addictions Services Provided:

- ☑ Addiction Inpatient
- ☑ Addiction IOP
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Mental Health IOP
- ☑ Peer Support
- ☑ PHP
- ☑ Psychiatric Acute Inpatient

Specialty Treatments:

- ☑ Co-occurring Treatment / Dual Diagnosis
- ☑ Music Therapy
- ☑ Veterans

Other Behavioral Health Services:

Regional Behavioral Health Providers

University of Maryland Shore Behavioral Health Substance Disorders Program

Address:	Phone:	Hours of Operation:	Payment Type(s):
219 South Washington St., Easton, MD 21601	410-822-1000 ext.5452 **Fax:** 410-819-8736	Call to schedule appointment Mon - Fri	Medicaid, Medicare, Private Insurance, **Ages Served:** 18+

Addiction Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Peer Support
- ☑ Psychiatric Evaluation
- ☑ Vivtrol Treatment

Specialty Treatments

- ☑ Co-occurring Treatment/Dual Diagnosis

Other Behavioral Health Services: Acute inpatient hospitalization

Warwick Manor Behavioral Health

Address:	Phone:	Hours of Operation:	Payment Type(s):
3680 Warwick Rd. East New Market, MD 21631 **Website/Email:**	410-943-8108 **Fax:** 410-943-1063	24/7	Medicaid, Private Insurance, Self Pay **Ages Served:** 18+

Mental Health/Addictions Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Detox
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Medication Management
- ☑ PHP
- ☑ Psychiatric Evaluations
- ☑ Vivitrol Treatment

Specialty Treatments

- ☑ Anger Management Groups
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Art Therapy
- ☑ Music Therapy

Other Behavioral Health Services:

Affordable Health Care Assistance

Maryland Children's Health Program (MCHP)
Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women, and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information
Somerset County Health Department:
Phone: 443-523-1740
Wicomico County Health Department:
Phone: 410-543-6944
Worcester County Health Department MCHP Eligibility Staff:
Phone: 410-629-0164 or 410-632-1100

Administrative Care Coordination Program (ACC)/ Ombudsman
Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The **ACCU Ombudsman** acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.
Somerset County Health Department:
Phone: 443-523-1700
Worcester County Health Department ACC/Ombudsman Eligibility Staff:
Phone: 410-629-0164 or 410-632-1100

Lower Shore Health Insurance Assistance Program (LSHIAP)
Provides outreach, education, and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico, and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.
Phone: 1(855)445-5540
Website: lowershorehealth.org
Facebook: @lowershorehealth
Twitter: @LSConnector
Address: 424 W. Market Street, Suite A. Snow Hill, MD 21863

Low-Cost Medical Providers

Chesapeake Health Care

Somerset:
Adult Medicine: Mon-Thurs - 7:00 am – 6:00 pm;
Friday - 8:30 am – 5:00 pm
OB/GYN: Mon-Fri - 8:30 am – 5:00 pm
Pediatrics: Mon-Th - 8:00 am – 6:00 pm;
Friday - 8:30 am – 5:00 pm; Call for Saturday hours
Mental Health: Mon-Th - 7:30 am – 6:00 pm;
Friday - 7:00 am – 5:00 pm
Lab: Mon-Fri - 8:30 am – 4:00 pm;
Phone: 410-651-1000
Address: 12145 Elm St., Princess Anne, MD 21853

Dental: Mon-Fri - 8:30am – 5:00pm
Phone: 410-651-5151
Address: 12165 Elm St., Princess Anne, MD 21853

Pharmacy: Mon-Fri - 8:30 am – 6:00 pm
Saturday - 9:00 am – 4:00 pm
Phone: 410-651-5555
Address: 12137 Elm St., Princess Anne, MD 21853

Wicomico:
Adult Medicine: Mon–Fri - 7:00am – 7:00pm
Phone: 410-546-6650
Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Dental: Mon-Fri – 8:30am – 5:00pm
Phone: 443-944-9600
Address: 1615 Tree Sap Court, Suite A, Salisbury, MD 21804

Mental Health Adults: Call for hours
Phone: 443-358-6193
Address: 560 Riverside Dr., Suite A-204, Salisbury, MD 21801

Mental Health Youth: Mon-Fri - 7:30am – 6:00pm
Phone: 410-219-1100
Address: 1104 Healthway Dr., Salisbury, MD 21801

OB/GYN: Mon-Fri - 8:30am – 5:00pm
Maternal Fetal Medicine: Tues-Fri - 7:30 am – 5:00 pm
Phone: 410-546-2424
Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

Pediatrics: Mon and Tue - 8:00 am – 6:00 pm;
Weds - Fri - 8:00 am – 5:00 pm,
Call for Saturday hours
Phone: 410-548-1747
Address: 223 Phillip Morris Dr., Salisbury, MD 21804

Pharmacy: Mon-Fri - 8:30 am – 6:00 pm,
Saturday - 9:00 am – 4:00 pm
Phone: 410-677-0561
Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Worcester:
Adult Medicine: Mon-Th - 7:00 am – 5:00 pm; Friday - 9:00 am – 5:00 pm
Mental Health: Mon-Fri - 8:00 am – 4:30 pm
Pediatrics: Monday and Friday - 8:00 am – 6:00 pm;
Tuesday and Thursday - 9:00 am – 7:00 pm
Phone: 410-957-1852
Address: 305 10th St., Suite 104, Pocomoke City, MD 21851

Pediatrics: Monday and Friday - 8:00 am – 6:00 pm;
Tuesday and Thursday - 9:00 am – 7:00 pm
Adult Medicine: Wednesday - 7:00 am – 5:00 pm
Mental Health: Mon - Fri - 8:30 am – 5:00 pm
Phone: 410-973-2820
Address: 9956 N. Main St., Suite 2, Berlin, MD 21811

Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program
Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.
Phone: 410-835-8814
Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849
Website: www.4stepstrp.org

Al-Anon
Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit website below.
Phone: 888-425-2666
Website: http://www.easternshoremd-alanon.org/#!meetings/cfvg

Celebrate Recovery (adult) and The Landing (youth)
A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.
Phone: 410-742-4424
Address: 361 Tilghman Road Salisbury, MD 21804

Celebrate Recovery (adult only)
A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.
Meets at Sonrise Church. Fellowship at 6:00pm with the meeting starting at 7:00 pm
Phone: 410-703-1793 (Pete Scanlon)
Address: 10026 Main St., Berlin, MD 21811

Fenix Youth Project, Inc – Drop-In Center
Drop-In is a resource for youth ages 13-24 experiencing a housing crisis, homelessness, or who just need basic resources, people to love, and accept them as they are, and a place to belong.
Phone: 443-736-8028
Address: 239 Florida Ave., Salisbury, MD 21801

Lower Shore Friends
Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm
Methadone support group every Friday from 10:00 am to 11:00 am.
Phone: 410-334-2173
Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Maryland Coalition of Families
Our Trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work one-on-one to help you understand the services available in your community and how to access them.
Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)
Email: info@mdcoalition.org
Website: mdcoalition.org

Maryland Center of Excellence on Problem Gambling
(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.
Email: dgaspar@som.umaryland.edu
Office Phone: 667-214-2120

Mental Health Association on the Lower Shore
Mental Health Association on the Lower Shore is an education and advocacy group and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.
Phone: 410-632-4510

Recovery Resource Center
12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.
Phone: 410-749-9482
Address: 726 S. Salisbury Blvd., Salisbury, MD 21801
Website: www.rrcsby.org

SHORE Center
SHORE Center will provide all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/HepC testing and linkage to treatment.

Somerset County Smoking Cessation
Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.
Phone: 443-523-1700
Website: www.somersethealth.org

Survivors of Suicide Group
For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm. Location varies. For more information, contact Kim Klump.
Phone: 410-726-3090 (Kim Klump)

The Lower Shore LGBTQ Coalition, Inc.
The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.
Crisis Line: 1-800-273-8255
Phone: 443-239-4185
Website: www.socialmedialgbtq.wix.com/lgbtq

Wicomico County Health Department Smoking Cessation Program
Free Virtual/ over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.
Phone: 410-430-7384
Address: 801 N. Salisbury Blvd (Adkins Bldg), Salisbury, MD 21801
Website: www.wicomicohealth.org

Worcester County Smoking Cessation
The Worcester County Health Department offers free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

For more information or to register, call 410-632-1100 extension 1102.

website: www.worcesterhealth.org

Social Service Organizations

Department of Social Services (DSS)
Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset
Phone: 410-677-4200
Address: 30397 Mount Vernon Rd, Princess Anne, MD 21853

Wicomico
Phone: 410-713-3900
Address: 201 Baptist Street, Salisbury, MD 21801

Worcester
Phone: 410-677-6800
Address: 299 Commerce Street, Snow Hill, MD 21863

Diakonia, Inc.
Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach.

Phone: 410-213-0923
Address: 12747 Old Bridge Road, Ocean City MD 21842
Call to complete an assessment and/or call for food assistance. Website: www.diakoniaoc.org

Catholic Charities, Inc - Seton Center
Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expense.
Phone: 410-651-9608
Address: Call for assessment and location

Help & Outreach Point of Entry, Inc. (HOPE)
Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.
Phone: 410-677-0757
Address: 129 Broad St., Salisbury, MD 21801

Joseph House Ministries
Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.
Phone: 410-749-4239
Address: 812 Boundary Street, Salisbury, MD 21801
Website: www.thejosephhouse.org

Local Management Board (LMB)
Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc
Phone: 410-651-2963
Address: 8928 Sign Post Road, Suite 1, Westover, MD 21871
Website: www.sclmb.org

Wicomico Partnership for Families and Children
Phone: 410-546-5400
Address: 125 N. Division St, Room 101, Salisbury, MD 21801
Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

Worcester County's Initiative to Preserve Families
Phone: 410-632-3648
Address: 6040 Public Landing Road, PO Box 129, Snow Hill, MD 21863

Social Service Organizations (Continued)

MAC, INC
MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.
Phone/Fax: 410-742-0505
Address: 909 Progress Circle, Salisbury, MD. 21804
Website: www.macinc.org

Salisbury Urban Ministries
Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).
Phone: 410-749-1563
Address: 326 Barclay St., PO Box 1792, Salisbury, MD 21802

Salvation Army
Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.
Phone: 410-749-3077
Address: 407 Oak Street, Salisbury, MD 21804

Shore Up! Inc.
Somerset – Energy assistance
410-651-1805
Address: 12409 Loretta Road, Princess Anne, MD 21853

Wicomico – Energy assistance, financial assistance for medications, weatherization, and housing.
410-749-1142
Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester – Energy assistance
410-632-2075
Address: 6352 Worcester Highway, Newark, MD 21841

Worcester County GOLD (Giving Other Lives Dignity)
Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners consisting of caseworkers with local agencies such as the Department of Social Services or the Health Department. If you are in need of assistance call and ask for an intake.
Phone: 410-677-6906 (children in the home)
410-632-9915 (no children in the home)
Website: https://worcestergold.org

Local Shelters

Christian Shelter
Phone: 410-749-5673
Address: 334 Barclay Street, Salisbury MD 21804
Website: www.christianshelter.org

Cold Weather Shelter in Wicomico County
(Men/Hands and Hearts Ending Homelessness; available November to April.)
Phone: 443-397-2243
Address: 31525 John Deere Drive, Salisbury, MD 21804.

Diakonia, Inc.
Phone: 410-213-0923
Address: 12747 Old Bridge Road, Ocean City MD 21842
Website: www.diakoniaoc.org

HALO (Hope and Life Outreach)
Day Center and Shelter
Phone: 410-543-9010
Address: 119 B South Boulevard, Salisbury MD 21804
Website: www.haloministry.org

Lower Shore Shelter
Phone: 443-888-6160
Address: 12518 Somerset Ave, Princess Anne, MD 21853

Ocean City Cold Weather Shelter
Opening is weather dependent.
Daily pre-registration is suggested by calling 410-524-7474 between 8-9:30am.
Address: 10301 Coastal Hwy, Ocean City, MD 21842

The Samaritan Shelter
Phone: 410-957-4310
Address: 814 Fourth Street, Pocomoke City MD 21851
Website: http://thesamaritanshelter.org/

Local Food Pantries and Soup Kitchens

Wicomico County:

Joseph House Ministries
Monthly bags of food to Wicomico County residents.
Phone: 410-749-4239
Address: 812 Boundary St., Salisbury, MD 21801

Lower Shore Friends
Available 5 days a week, Mon – Fri 10am–2pm
Phone: 410-334-2173
Address: 207 Maryland Ave. #5, Salisbury, MD 21801

MD Food Bank
Call or go online to find food pantry closest to you.
Phone: 410-742-0050
Website: https://mdfoodbank.org/need-food/

Salisbury Urban Ministries
God's Kitchen - Saturdays 11am-1pm at Grace UMC
Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm (Wicomico County residents only)
Phone: 410-749-1563
Address: 326 Barclay St., Salisbury, MD 21802

Salvation Army
Most services are provided by appointment only.
Phone: 410-749-3077
Address: 407 Oak Street, Salisbury, MD 21804

St. Paul AME Zion Church
Food giveaway the 3rd Monday every month. Must bring photo I.D.
Phone: 410-546-5661
Address: 410 Delaware Ave, Salisbury, MD 21801

Somerset County:

Catholic Charities, Inc – The Seton Center
Phone: 410-651-9608
Address: Call for assessment and location

Worcester County:

Berlin First Baptist Church (serves Berlin area)
Tuesdays from 10 am to 12 pm.
Phone: 410-641-4306
Address: 613 William St, Berlin, MD 21811

Community Church of Ocean Pines
Food pantry Tue - Sat from 9am - 1pm.
Must have a referral to receive food.
Pantry Line: 410-641-8392
Serves Worcester residents or Veterans from any county.
Phone: 410-641-5433
Address: 11227 Racetrack Rd, Berlin, MD 21811

Diakonia, Inc.
Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.
Phone: 410-213-0923
Address: 12747 Old Bridge Rd., Ocean City, MD 21842

The Samaritan Shelter
Soup kitchen Weds and Fri 11am–12:30pm
Food distribution Tues and Sat 1pm–2pm
Phone: 410-957-4310
Address: 814 Fourth St., Pocomoke City, MD 21851

SonRise Church
Sharing the Harvest
Mobile food pantry that serves Maryland's Eastern Shore.
In conjunction with MD Food Bank.
410-629-1901
Food Distribution every Friday from 4:00pm to 5:30 pm
SonRise Church
10026 Main St.
Building #4
Berlin, MD 21811

Transportation

Medical Assistance Transportation
Wicomico Phone: 410-548-5142
Worcester Phone: 410-632-0092
Somerset Phone: 443-523-1722

Shore Transit
Phone: 443-260-2300

Transitional Housing

Village of Hope
A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.
Phone: 410-860-5981
Address: 1001 Lake Street, Salisbury, MD 21801
Website: www.villageofhope.us

Second Wind
Addiction transitional housing, family therapy, group therapy, individual therapy, and peer support. (Men only)
Phone: 410-749-8038
Address: 309 Newton Street, Salisbury, Maryland 21801
Website: www.secondwindinc.net

Veteran Education Services

Salisbury University
Shannon Hardester, Veterans and Military Affiliated Coordinator (Registar's Office)
Phone: 410-543-6189

Veterans Upward Bound
Wor-Wic Community College
Phone: 410-334-2882
Address: 32000 Campus Drive, Salisbury, MD 21804

Veteran Employment Services

Delmarva Veteran Builders
Phone: 443-736-1584 Chris Eccleston
Address: 212 W. Main Street, Suite #305,
Salisbury, MD 21801

St. James AME Zion Church
Homeless Veteran's Reintegration Program
Phone: 410-742-1427
Address: 521 Mack Ave, Salisbury, MD 21801

Veteran Family Support Services

Diakonia, Inc.
Supportive services for veterans and their families.
Phone: 410-213-0923
Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church
Supportive Services for veterans and their families
Phone: 410-742-1427
Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System
Community integration services, homeless outreach and case management,
contract housing/emergency shelter
Contact Name: Gregory Bisset
Phone: 443-326-4337

Veteran Support Services

Cambridge VA Outpatient Clinic
Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging, urology, vet center, women's health.
Phone: 410-228-6243
Address: 830 Chesapeake Drive, Cambridge MD 21613

Department of Veterans Affairs and Hotline Numbers
Website: www.va.gov
Benefits: 1-800-824-1000
Health Care: 1-877-222-VETS (8387)
VA Inspector General: 1-800-488-8244
Combat Call Center: 1-877-WAR-VETS (877-927-8387)
Homeless Veteran Services 1-877-AID-VET (877-424-3838)

Elkton Vet Center
Jon Dansicker, Veteran Outreach Specialist
Work Cell: 410-703-5783
Website: www.vetcenter.va.gov

Maryland's Commitment to Veterans
Dina Karpf, Eastern Regional Resource Coordinator, Maryland Department of Health
Phone: 410-725-9996 (cell)
Maryland Army National Guard Family Assistance Center
Phone: 410-507-2202 (Jon Black)
Address: 28722 Ocean Gateway, Salisbury, MD 21801

Moose VFW Post 194
Phone: 410-543-8194
Address: 821 E. William St., Salisbury, MD 21804

National Association of Black Veterans, Inc.
(NABVETS) Walk Through the Valley Chapter #0093, Cmdr.
Phone: 443.366.8534 (James Briddell Sr)
Address: 127 Flower St., Berlin, MD 21811

Operation We Care
Phone: 410-713-8940 (Jeff Merritt)
Address: 829 E. William St., Salisbury, MD 21804
Website: www.operationwecare.org

Perry Point VA Medical Center
Inpatient, outpatient, and primary care services.
Phone: 410-642-2411
Website: www.maryland.va.gov

Salisbury University
Shannon Hardester, Veterans and Military Affiliated Coordinator (Registrar's Office)
Phone: 410-543-6189

Veteran Transportation Services

DAV Eastern Shore Chapter # 34
Provides transportation for veterans to VA medical facilities.
Note: Not equipped with handicap accessibility.
Mr. Cleveland Hicks, Transportation Coordinator
Phone: 410-883-0030/ 410-742-4181

Employment Organizations/ Education and Training Services

AmeriCorps Program at Salisbury University	Phone: 410-548-5119
Deaf Independent Living Association (DILA)	Phone: 410-742-5052 (Voice/TTY)
Division of Rehabilitation Services (DORS)	Phone: 410-546-1580
Division of Workforce Development and Adult Learning (Salisbury Office)	Phone: 410-341-8533
Go-Getters/Shore Employment Services	Phone: 410-546-0381 ext. 151
Goodwill Career Development	Phone: 410-219-9118
Lower Shore Enterprises, Inc.	Phone: 410-749-6183
Lower Shore Workforce Alliance	Phone: 410-341-6515 (One Stop Job Market)
MAC INC, AAA	Phone: 410-742-0505
Maple Shade Youth & Family Services, Inc.	Phone: 410-677-0202
Older Workers Training Program (Shore Up)	Phone: 410-749-1142
One Stop Job Market	Phone: 410-341-6515
Small Business Development Center	Phone: 410-548-4419
Telamon Corporation	Phone: 410-546-4604
Youth Employment Program (Shore Up! Inc.)	Phone: 410-749-1142 ext. 360
Wor-Wic Community College	Phone: 410-334-2800

Helpful Websites

American Association of Suicidology
www.suicidology.org

American Foundation for Suicide Prevention
www.afsp.org

Camp Rehoboth
www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training
www.livingworks.net

The Maryland Center of Excellence on Problem Gambling
www.mdproblemgambling.com

Maryland Coalition of Families
www.mdcoalition.org

NAMI (National Alliance on Mental Illness)
Nami.org

MentalHealth.Gov
www.mentalhealth.gov

Network of Care
www.worcester.md.networkofcare.org

Ok2Talk
www.ok2talk.org

On Our Own of Maryland, Inc.
www.onourownmd.org

Parents of Suicide
www.parentsofsuicide.com & www.pos-ffos.com

Society for the Prevention of Teen Suicide
www.sptsusa.org

Stop A Suicide Today
www.stopasuicide.org

Stop Bullying
www.stopbullying.gov

Substance Abuse and Mental Health Services Administration (SAMHSA)
findtreatment.samhsa.gov

Suicide Prevention Action Network
www.spanusa.org

Suicide Prevention Resource Center
www.sprc.org

Yellow Ribbon International Suicide Prevention Program
www.yellowribbon.org

Index of Behavioral Health Providers

By County:

Somerset County

Catholic Charities, Inc. - Seton Center 11
Chesapeake Health Care – Mental Health 12
Eastern Shore Psychological Services, LLC 15, 39
Focus Point Behavioral Health 16
Garner, Doris C., PhD 16
Go-Getters, Inc 17
J. David Collins and Associates, LLC 20, 40
Maple Shade Youth & Family Services, LLC 24
Somerset County Health Department 29
Somerset Wellness and Recovery Center 29
TIdalHealth McCready Outpatient Behavioral Health Clinic 30

Wicomico County

Anderson, Eva K., PhD 8
Arrow Child & Family Ministries 8
Atlantic Psychological Practice, P.A 9
B.N.J Health Services, LLC 9
Balanced Life Counseling Services, LLC 10
Balanced Point Wellness, LLC 10
Care at New Transitions 11
Chesapeake Health Care – Mental Health 12
Chesapeake Music Therapy 12
Chesapeake Treatment Services 13, 37
Children's Choice 13
Community Behavioral Health 14, 38
Compass Health Services 14
Delmarva Counseling Center LLC 15
Donnelly, Leslie, PhD 15
Eastern Shore Psychological Services, LLC 15, 39
Focus Point Behavioral Health 16
Garner, Doris C., PhD 16
Go-Getters, Inc 17
Go-Getters, Inc. – Friendship Network 17
Go-Getters, Inc. – Peer Connections 17
Go-Getters, Inc. –Transitional Aged Youth 18
Hands of Hope Counseling Services. LLC 18
Harkhani, J. S., MD 18
Harmony Counseling Services, LLC 19
Hudson Health Services 19, 40
J. David Collins and Associates, LLC 20, 40
Lead4Life, Inc 21
Life Crisis Center, Inc 21
Life's Energy Wellness Center Inc 22, 41
LifeMark Inc. 22
Lighthouse Counseling Christian Ministry 23
Lower Shore Clinic Assertive Community Treatment (ACT) Team 23, 41
Lower Shore Clinic, Inc. 24
Maple Shade Youth & Family Services, LLC 24
MATClinics 25
Mosaic Counseling & Wellness, LLC 25
Peninsula Mental Health Services and Peninsula Addictions Services 26

Perdue Art Therapy & Counseling 27
ReEnvision Counseling & Reiki Healing, LLC 27
Reeves, Talmadge C, MD 27
Second Wind, Inc. (Men Only) 28
Stange, Carol, LCSW 29
The Personal Wellness Center 30
TidalHealth Peninsula Regional Adult Inpatient Acute Unit *31*
TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic 32
TidalHealth Peninsula Regional Partial Hospitalization Program 31
White Flint Recovery, Eastern Shore, Inc 32
Wicomico County Health Department - Behavioral Health 33
Wicomico County Health Department - PRP 33
Wicomico County Health Department – Targeted Case Management 34
Wraparound Maryland 36
Youth Care Center Incorporated 36

Worcester County

Acadia Counseling and Wellness 8
Atlantic General Hospital – Telemental Health 9
Blue Wave Counseling & Psychotherapy 11
Center 4 Clean Start (C4CS) 12
Chesapeake Health Care – Mental Health 12
Chesapeake Music Therapy 12
Chesapeake Treatment Services 13, 37
Community Behavioral Health 14, 38
Donnelly, Leslie, PhD 15
Family Tree Therapy, LLC 16
Garner, Doris C., PhD 16
Go-Getters, Inc 17
Island Care Mental Health 20
Lighthouse Counseling & Consulting Services 23
Lighthouse Counseling Christian Ministry 23
Open Arms & Hearts Health Services, LLC 26
Safe Harbour Addiction Counseling 28
Seaside Counseling & Wellness Center 28
White Flint Recovery, Eastern Shore, Inc 32
Worcester Addiction Cooperative Services (W.A.C.S.) 34
Worcester County Health Department 35
Worcester Youth & Family Counseling Services, Inc 35
Youth Care Center Incorporated 36

Other Counties

Avenues Recovery Center at Eastern Shore 37
Chesapeake Treatment Services 13, 37
Children's Choice 13
Community Behavioral Health 14, 38
Dover Behavioral Health System 38
Eastern Shore Hospital Center 39
Eastern Shore Psychological Services, LLC 15, 39
Hudson Health Services 19, 40
J. David Collins and Associates, LLC 20, 40
Life's Energy Wellness Center Inc 22, 41
Lower Shore Clinic Assertive Community Treatment (ACT) Team 23, 41
Rockford Center 42
Sun Behavioral Health 42

University of Maryland Shore Behavioral Health Substance Disorders Program 43
Warwick Manor Behavioral Health 43

By Service Type:

Addiction:

Atlantic General Hospital – Telemental Health 9
Avenues Recovery Center at Eastern Shore 37
B.N.J Health Services, LLC 9
Center 4 Clean Start (C4CS) 12
Chesapeake Treatment Services 13, 37
Community Behavioral Health 14, 38
Compass Health Services 14
Delmarva Counseling Center LLC 15
Dover Behavioral Health System 38
Eastern Shore Psychological Services, LLC 15, 39
Focus Point Behavioral Health 16
Go-Getters, Inc 17
Go-Getters, Inc. – Peer Connections 17
Hudson Health Services 19, 40
J. David Collins and Associates, LLC 20, 40
Life's Energy Wellness Center Inc 22, 41
Lighthouse Counseling Christian Ministry 23
MATClinics 25
Open Arms & Hearts Health Services, LLC 26
Peninsula Mental Health Services and Peninsula Addictions Services 26
Rockford Center 42
Safe Harbour Addiction Counseling 28
Second Wind, Inc. (Men Only) 28
Somerset County Health Department 29
Somerset Wellness and Recovery Center 29
Sun Behavioral Health 42
TIdalHealth McCready Outpatient Behavioral Health Clinic 30
TidalHealth Peninsula Regional Adult Inpatient Acute Unit *31*
TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic 32
TidalHealth Peninsula Regional Partial Hospitalization Program 31
University of Maryland Shore Behavioral Health Substance Disorders Program 43
Warwick Manor Behavioral Health 43
White Flint Recovery, Eastern Shore, Inc 32
Wicomico County Health Department - Behavioral Health 33
Wicomico County Health Department – Targeted Case Management 34
Worcester Addiction Cooperative Services (W.A.C.S.) 34
Worcester County Health Department 35
Wraparound Maryland 36

Mental Health

Acadia Counseling and Wellness 8
Anderson, Eva K., PhD 8
Arrow Child & Family Ministries 8
Atlantic General Hospital – Telemental Health 9
Atlantic Psychological Practice, P.A 9

Avenues Recovery Center at Eastern Shore....37
Balanced Life Counseling Services, LLC....10
Balanced Point Wellness, LLC....10
Blue Wave Counseling & Psychotherapy....11
Catholic Charities, Inc. - Seton Center....11
Center 4 Clean Start (C4CS)....12
Chesapeake Health Care – Mental Health....12
Chesapeake Music Therapy....12
Children's Choice....13
Community Behavioral Health....14, 38
Compass Health Services....14
Delmarva Counseling Center LLC....15
Donnelly, Leslie, PhD....15
Dover Behavioral Health System....38
Eastern Shore Hospital Center....39
Eastern Shore Psychological Services, LLC....15, 39
Family Tree Therapy, LLC....16
Focus Point Behavioral Health....16
Garner, Doris C., PhD....16
Go-Getters, Inc....17
Go-Getters, Inc. – Friendship Network....17
Go-Getters, Inc. – Peer Connections....17
Go-Getters, Inc. –Transitional Aged Youth....18
Hands of Hope Counseling Services. LLC....18
Harkhani, J. S., MD....18
Harmony Counseling Services, LLC....19
Hudson Health Services....19, 40
Island Care Mental Health....20
J. David Collins and Associates, LLC....20, 40
Lead4Life, Inc....21
Life Crisis Center, Inc....21
Life's Energy Wellness Center Inc....22, 41
LifeMark Inc....22
Lighthouse Counseling & Consulting Services....23
Lighthouse Counseling Christian Ministry....23
Lower Shore Clinic Assertive Community Treatment (ACT) Team....23, 41
Lower Shore Clinic, Inc....24
Maple Shade Youth & Family Services, LLC....24
Mosaic Counseling & Wellness, LLC....25
Open Arms & Hearts Health Services, LLC....26
Peninsula Mental Health Services and Peninsula Addictions Services....26
Perdue Art Therapy & Counseling....27
ReEnvision Counseling & Reiki Healing, LLC....27
Reeves, Talmadge C, MD....27
Rockford Center....42
Safe Harbour Addiction Counseling....28
Seaside Counseling & Wellness Center....28
Second Wind, Inc. (Men Only)....28
Somerset County Health Department....29
Somerset Wellness and Recovery Center....29
Stange, Carol, LCSW....29
Sun Behavioral Health....42
The Personal Wellness Center....30
TIdalHealth McCready Outpatient Behavioral Health Clinic....30
TidalHealth Peninsula Regional Adult Inpatient Acute Unit....31
TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic....32
TidalHealth Peninsula Regional Partial Hospitalization Program....31

Warwick Manor Behavioral Health 43
Wicomico County Health Department - Behavioral Health 33
Wicomico County Health Department - PRP 33
Wicomico County Health Department – Targeted Case Management 34
Worcester Addiction Cooperative Services (W.A.C.S.) 34
Worcester County Health Department 35
Worcester Youth & Family Counseling Services, Inc 35
Wraparound Maryland 36
Youth Care Center Incorporated 36

Notes

Public Health
Prevent. Promote. Protect.
Somerset County
Health Department

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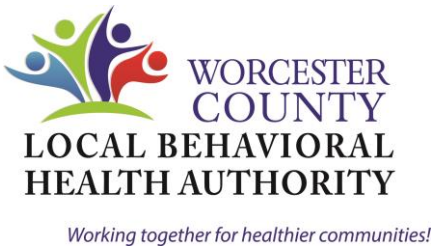
Wicomico County
Health Department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HEALTH AUTHORITY
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Worcester County's
Initiative
to Preserve Families