

**Worcester County Health Department
Worcester County Local Health Improvement Coalition (LHIC)
Thursday, June 15, 2023
Virtual – 8:30 a.m.**

Present: Jackie Ward, Worcester County Health Department (WCHD), Blair Inniss, Legal Resource Center, Brittany Young, Maryland Physicians Care, Crystal Bell, WCHD, Crystal Heiser, Home Instead, Derek Jarmon, Maryland’s Coast, Jaclyn Sturgis, WCHD, Jessica Sexauer, Local Management Board (LMB)/ Local Behavioral Health Authority (LBHA), Josh Davis, Ocean Pines Association, Inc, Karen Hughes, Life Crisis Center, Keirsten DeBoer, Deer’s Head Hospital, Kelly Shockley, WCHD, Lauren Blair, Coastal Hospice, Nykol Mariano, Wellpoint, Ron Fisher, Community Member Ocean Pines, Lisa Shockley, LMB, Donnell Becketts, Boys for Positive Change, Leslie Sinclair, Eastern Shore Child Resource Center, Dr. Darlene Jackson-Bowen, Berlin Prevention Works Coalition for Alcohol and Drug Free Communities/Mosaic Community Services, Julie Krenzer, CareFirst, Emily Paterson, Maryland Poison Center, Mimi Dean, WCHD, Lauren King, Coastal Hospice, Lillian Wilkinson, Department of Social Services (DSS), Caitlin Donohue-Vega, Eastern Shore Health Education Center, Jennifer Ranck, Worcester County Public Library, Matthew Heim, Delmarva Public Radio, Dana Moncrief, Center for Tobacco Prevention and Control, Debra Harmon, LBHA, Tara Wampler, Aetna Better Health of Maryland, Mike Trader, WCHD, Melissa Kelly, CareFirst BlueCross BlueShield, Alyce Marzola, Atlantic General Hospital (AGH)

Minutes by: Lisa Shockley

Discussion	Action
<p>Welcome Jackie Ward opened and welcomed everyone into the meeting at 8:33am</p> <ul style="list-style-type: none"> ● Approval of the minutes from February 16, 2023 <ul style="list-style-type: none"> ○ Ron Fisher made a motion to approve the meeting minutes and Josh Davis seconded the motion. The minutes were approved as written. 	
<p>Introductions/Program updates</p> <ul style="list-style-type: none"> ● Keirsten DeBoer, Deer’s Head <ul style="list-style-type: none"> ○ Deer’s Head has officially removed from State’s divestiture list and will begin several capital improvement projects. ● Jackie Sturgis, Worcester County Health Department <ul style="list-style-type: none"> ○ Over FY23, staff taught 17 Mental Health First Aid courses that included Fire/EMS, Adult, Youth, Higher Education and Older Adult modules. ○ The total classes in FY24 is expected to exceed that number. ○ Shoutouts to community partners, Wor Wic Community College and Department of Human Services. <ul style="list-style-type: none"> ■ Wor Wic has scheduled training to staff in September through December with the Higher Education module. ■ Roberta Baldwin has worked on plans to train the entire DHS staff in August-September, with four (4) classes in the Adult module. ○ If you are interested in having your organization trained in Mental Health First Aid please 	

contact Jaclyn Sturgis at jaclyn.sturgis@maryland.gov

- Alyce Marzola, AGH
 - Every third Saturday, AGH hosts a Walk with the Doctor, at 9:00am at the South Gate Ocean Pines. It is a casual event where participants can ask questions, and many times there is a specific topic.
 - Mimi Dean asked if AGH would promote the Just Walk program for Worcester County residents. There are incentives and you can register at www.justwalk.org
 - AGH will be attending a lot of community events including: Relay for Life, Salisbury Pride, and National Night Out in August.
 - Planning flu clinics for the fall.
- Lil Wilkinson, DSS
 - The ending of the COVID pandemic resulted in food stamp amount reductions. Anyone experiencing critical food shortages contact DSS intake line at (410)677-6906. DSS has a list of all of the food pantries and will link individuals to resources to assist with food.
 - Households of the elderly can call Maryland Access Point (MAP) at (410)632-9915.
- Tamara Mills, Worcester County Public Schools (WCPS) shared updates via email
 - Worcester Goes Purple (WGP)
 - Provided 500 bags to the Judy Center families (birth to 3 years old) on health information including: mental health and suicide prevention magnets, rack cards preventing substance abuse, resource information, etc.
 - Provided supplies to our community partner MADD.
 - Working on the recovery event that the Tri-County Go Purple organizations are holding in September, along with lots of the partners that are on this call.
 - Their One Pill Can Kill board is up on Route 50.
 - Working on setting up a sober tent for the Ocean's Calling Festival in September in Ocean City.
 - WCPS
 - 526 high school students received PPP this year (Positive Prevention Plus Sexual Health curriculum)
 - Their Youth Council (a joint organization with the WCHD) packed and distributed over 500 hygiene kits for FIT families (Families In Transition/homeless).
 - The Youth Council's anti-vaping billboard is up on Route 50 between Stephen Decatur High School and Crabs to Go.
 - All schools will have submitted their health and wellness action plans by this Friday.
 - In July, school health and wellness progress will be posted on our NEW website.
 - Just finished the 10K-a-Day challenge for WCPS staff. We had 256 participants. 60 of those earned the maximum number of points for exercising each day, for four weeks.
 - Working on filling our nurse positions for summer academy.
 - Have included a social-emotional curriculum as an option for our summer academy and some schools (not all) have been able to hire counselors and/or social workers for summer academy.
 - Finalizing plans to adopt a new elementary and middle health curriculum. If any of

you are willing to review the resources and complete a rubric, it would be appreciated. Tamara can meet you at your organization or the Board of Education to review the resources and you can take the information home to review.

- Nykol Mariano, Wellpoint
 - Reminder for communities to verify that their Maryland Health Connection has updated contact information as this is important for renewal dates as well as benefit updates.
 - Reminder that WellPoint, formerly Amerigroup, has some opportunities for sponsorships, especially with back to school up. Contact Nykol at nykol.mariano@wellpoint.com with any needs.

Community Tobacco Mini-Grant Recipients Project Presentations - Crystal Bell

- Delmarva Public Radio Matthew Heim
- Eastern Shore Health Education Center Caitlin Vega
- Boys 4 Positive Change Donnell Becketts
- Eastern Shore Child Resource Center Leslie Sinclair
- Worcester County Public Library Jennifer Ranck
- Chesapeake Healthcare Josh Boston

Prevention Partner of the Year Award - Mimi Dean

- Prevention chooses an outstanding community partner each year to thank them and celebrate them for their partnership, service, and dedication to the health of the community.
- This year's Prevention Partner of the Year is Jennifer Ranck from the Worcester County Library.
- Jennifer never hesitates to agree to partner with various events and share resources. The libraries also assisted during the COVID pandemic including having masks and testing kits for pick up.

Prevention Updates

- Tobacco Updates:
 - In FY24 CRF Tobacco, Diabetes and Chronic Disease, in addition to Enforcement goals, strategies and activities were emailed out to all LHIC members for review and feedback on May 17th. All goals and strategies align with the State's priority areas.
 - New youth, and adult, quit smoking/vaping classes begin in July.
- Tobacco Enforcement:
 - A total of 145 businesses have been educated, (105) by the local health department and (40) by one (1) non-governmental organization. A total of (78) compliance checks have been completed up to date by the Worcester County Sheriff's Office.
- Diabetes Prevention Program Recognition
 - The Worcester County Health Department is excited to announce that in April the agency was awarded full CDC PLUS Recognition as a part of the Lifestyle Balance Diabetes Prevention Program. This achievement means that the agency has earned five years of CDC - recognition, as opposed to the three years that organizations in FULL Recognition receive.
- Get up and Move! Just Walk Events:
 - The 26th Annual Tortoise and Hare Dare 5K Walk/Run took place on April 15th at Pocomoke River State Park: Shad Landing. The first 100 people that registered received a free commemorative t-shirt. A total of 137 participants this year. Participants enjoyed vendors, giveaways and other fun activities. Looking forward to next year.

<ul style="list-style-type: none"> ○ In observance of Men's Health Month, the WCHD's Prevention Unit hosted a Just Walk For Men Health event, which took place on June 10th at Cypress Park. <ul style="list-style-type: none"> ■ The first 100 people that registered received a free commemorative t-shirt. ■ Guest speakers Mayor Todd Nock of Pocomoke City and Author Al Hondo Handy educated participants about the importance of physical activity. ■ Attendees were provided with no cost health screenings including blood pressure and prediabetes risk screening. ■ The Corner Sanctuary, Pocomoke's Community Garden, distributed fresh produce and recipes at the event. A summer wellness bag was also raffled off. ● FY23 Just Walk Close Out Report: <ul style="list-style-type: none"> ○ A total of eight (8) walks were hosted. A total of four-hundred and twenty-seven (427) people participated. ● Colorectal Cancer Update, Kelly Shockley: <ul style="list-style-type: none"> ○ Able to help fourteen (14) patients in FY23 obtain colon cancer screening through AGH and Tidal Health by providing coverage in cost, and/or navigation services. ○ Assistance is available to all uninsured or underinsured men over 45 years old, or 18 years old and over if experiencing symptoms. 	
<p>Adjournment</p> <ul style="list-style-type: none"> ● Mimi Dean made a motion to adjourn, Mike Trade seconded the motion. The meeting adjourned at 9:57am 	
<p>Next LHIC meeting is on August 17th at 8:30am - Virtually via Zoom meeting https://us02web.zoom.us/j/89932610871?pwd=amJscHhCVXA5MWNIUUUzWTVjNm1UZz09 Meeting ID: 899 3261 0871 Passcode: 255075 One tap mobile + 13017158592,,89932610871# Dial by your location +1 301 715 8592</p>	