

Worcester County Health Department
Worcester County Local Health Improvement Coalition (LHIC)
Thursday, October 19, 2023
Hybrid – 8:30 a.m.

Present: *Andra Taylor, Somerset County Health Department, Bibta Pradhan, Worcester County Health Department (WCHD), Blair Inniss, Legal Resource Center, Crystal Duffy, Worcester Department of Juvenile Services, Derek Jarmon, Maryland's Coast, Jackie Ward, WCHD, Jennifer LaMade*, Jesse Klump Memorial Foundation, Josh Boston, Chesapeake Health Care, Josh Davis, Ocean Pines Association Inc., Katherine Rodgers, TidalHealth, Keirsten DeBoer, Deer's Head Hospital Center, Kelly Holloway, Chesapeake Health Care, Lisa Shockley, Local Management Board (LMB), Mimi Dean, WCHD, Summer Miles, Life Crisis Center, Tamara Mills, Worcester County Public Schools, Tina Simmons, Atlantic General Hospital (AGH), Ulric Hetsberger, Carefirst Population Health.*

***Chair**

Minutes by: Bibta Pradhan

Discussion	Action
Jennifer LaMade opened the meeting and welcomed everyone into the meeting at 8:32am	
Review and Approval of the Minutes from August 17, 2023 Josh Davis made a motion to approve the meeting minutes and Derek Jarmon seconded the motion. The meeting minutes from August 17, 2023 were approved as written.	
<p>Introductions/Partner Updates</p> <p>Introductions were done via Chat</p> <ul style="list-style-type: none"> ● Jackie Ward, WCHD <ul style="list-style-type: none"> ○ Rescheduled Out Of the Darkness Walk (OODW) events: Evening of reflection October 20 at Public Landing Pier and OODW on October 21st at Worcester County Recreation and parks in Snow Hill ○ Delmarva LGBTQIA+ needs assessment was completed ● Tamara Mills, Worcester County Public Schools <ul style="list-style-type: none"> ○ Physical activity <ul style="list-style-type: none"> ■ Getting 3 heart rate monitor stations for elementary schools. It will be placed in each gymnasium to help students determine where their Moderate to Vigorous Physical Activity (MVPA) indicator is at ○ Afterschool Genders & Sexualities Alliances (GSA)/LGBTQ+ programs <ul style="list-style-type: none"> ■ 2 schools requested sexual health program specifically geared towards LGBTQ+ students ● Blair Inniss, Legal Resource Center for Public Health Policy <ul style="list-style-type: none"> ○ The Legal Resource Center is hosting a webinar at noon on November 8 to discuss tobacco enforcement checks and the upcoming new process for submitting violations to the Alcohol, Tobacco, and Cannabis Commission 	<p>Jackie Ward will be sharing the assessment with the group</p> <p>For more information and to register email publichealth@law.uma</p>

(ATCC). Jeff Hann from ATCC will be presenting and Maryland Department of Health (MDH) will be answering the questions along with Jeff.

- Katherine Rodgers, TidalHealth
 - The Annual Drive-Thru Flu Clinic that was held on September 29, 2023 was a success. It was 100% electronic and was appreciated by everyone. Doing more community flu clinics, if any organization is in need of flu shots, please reach out to Kat
 - REACH (Rural Equity and Access to Community Health) grant funded by CHRC (Community Health Resource Commission) is going really well and ends on April 30th 2024
 - Working on a five year Health Equity and Resource Community (HERC) grant due on December 5th. This program will address disparity and social determinants of health (SDOH)
 - Ongoing campaigns
 - SPARK campaign - general medical education program
 - Mobile mammography van campaign
- Tina Simmons, Atlantic General Hospital
 - Three community flu clinics scheduled for October 20 in Ocean Pines, October 21 in Snow Hill and October 22 in Berlin
 - If any organization needs a flu clinic, reach out to Tina Simmons
 - New pediatrician, Dr. Salgado has joined AGH. He is bilingual and is interested in doing outreach programs with hispanic communities
- Summer Miles, Life Crisis Center
 - Gave a presentation on Life Crisis Center. The slides will be shared via email after the meeting
- Mimi Dean, WCHD
 - Cancer Updates: Colorectal Cancer Program
 - Requirements needed to get enrolled in the program: Worcester County residents; Underinsured/uninsured; 45 years and older; 18 years and older with symptoms of colon cancer.
 - Tobacco Updates:
 - Middle and High School Peer Leadership (Youth Ambassador Training): The Worcester County Health Department (WCHD) and Worcester County Board of Education (WCBOE) kicked-off this year's Peer Leadership (Youth Ambassador). The retreat was at the Pocomoke River State Park - Shad Landing. 37 Worcester County Middle School students (Oct. 3rd) and 36 High School Students (Oct. 4th & Oct. 5th) enjoyed interactive educational sessions and activities about Tobacco and Vaping, Alcohol and Other Drug Prevention, Mindfulness, and Stress Management techniques.
 - Adult and Youth Tobacco:
 - New fall adult smoking and/or vaping cessation classes throughout all main hubs in the county and at the Atlantic Club.
 - Youth smoking and/or vaping cessation classes at local health department sites in Snow Hill, Pocomoke, and Berlin.
 - In efforts to increase adult participation, a survey was

ryland.edu

Reach out to Kat at Katherine.rodgers@tidalhealth.org for more information and/or if you want to get involved in any of their ongoing projects

Reach out to Tina Simmons at tsimmons@atlanticgeneral.org if interested in more information

For more information, please call 410-632-1100 Ext. 1103

For more information on youth and adult tobacco programs, please call 410-632-1100 Ext. 1108

released to the public to get community feedback in terms of best location and times for classes. Residents completing the survey will be entered into a free raffle drawing.

- Chronic Disease and Just Walk Updates:
 - Fall Diabetes Prevention Classes:
 - New fall classes began on October 18th in Pocomoke.
 - Still enrolling for Snow Hill and Berlin classes scheduled to begin the week of November 8th.
 - Alzheimer's Disease and Related Dementias (ADRD) Grant: Funding awarded through MDH. Project goals and objectives are to raise awareness about brain health and ways to reduce the onset of Alziemers and Dementia through healthy lifestyle practices. Partnering with Alzheimer's Association, collaborating with community gardens to promote brain health messaging and provide fresh produce to residents in vulnerable populations. Also, partnering with Chesapeake Healthcare (CHC) to increase cognitive health screenings within the Berlin and Pocomoke practice; and enhance EHR capabilities.
 - Working on creating a "Healthy Brain Health: Ways to reduce Alziemer's and Dementias.
 - MDH ADRD awareness campaign beginning next month
 - Healthy Worcester Families: This 8-week program began on September 21 st . Classes are held every Thursday from 5:30-7:30pm at the Snow Hill Health Department. Families with children aged 7-17 are encouraged to participate in this free program. The program is designed to help improve family food security, physical activity participation, financial literacy and wellness, communication skills and other necessary skills to strengthen families
 - Just Walk: Walk Maryland Day Scavenger Hunt: In celebration of Walk Maryland Day on October 4, 2023, the Worcester County Health Department invited all staff to walk or move their way by participating in a self-directed a week-long Just Walk Scavenger Hunt. 35 people registered and the raffle winner was announced this week
 - Walktober-Walk Challenge: The Worcester County Health Department (WCHD) is hosting a new walk challenge, throughout the month of October. The month is intended to celebrate Maryland's official exercise, walking, as an important part of well-being for people throughout the state. 29 people registered and the raffle winner will be announced at the end of month

Additional updates

- Katherine Rodgers, TidalHealth
 - National diabetes awareness month event in TidalHealth on November 5th from 5:30-8:00pm
- Lisa Shockley, LMB
 - Reminder to send Local Care Team referrals to Mike Trader at Michael.trader@maryland.gov until Christen is on leave

- Jackie Ward, WCHD
 - Reminder to send flyers and other general information that needs to be shared with the group to Jackie Ward at Jackie.ward@maryland.gov a few days before the end of the month to be included in the monthly updates

Adjournment

- The meeting was adjourned at 9:15am.

Next LHIC meeting is on Thursday, December 14, 2023 at 8:30am via [Zoom](#)

Zoom link:

<https://us02web.zoom.us/j/89214614967?pwd=NUtmcjRSWjV6WW9WYUtlUHRIZTdDZz09>

Meeting ID: 892 1461 4967

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