

Turkey Casserole Alfredo

Ingredients:

8 oz whole wheat pasta (any shape)
8 oz light cream cheese
2 C roasted and chopped turkey (can also substitute chicken)
1 T Italian seasoning
1.5 C mushrooms, sliced
1/4 C parmesan cheese, grated or shredded
2 cloves garlic, chopped
1/2 C diced celery
1 C low or no sodium chicken broth
1/4 C bread crumbs
Butter-flavored cooking spray
Salt & pepper, to taste

Preheat oven to 350*

Cook pasta as directed, al dente; drain. Mix cheeses, chicken broth and garlic until fairly smooth. Gently stir in pasta, celery, turkey, and chopped mushrooms. Pour into a spray-oiled 9x13" baking dish. Sprinkle bread crumbs over the top and lightly spray-oil the top. Bake for 25-30 minutes until breadcrumbs are golden brown.